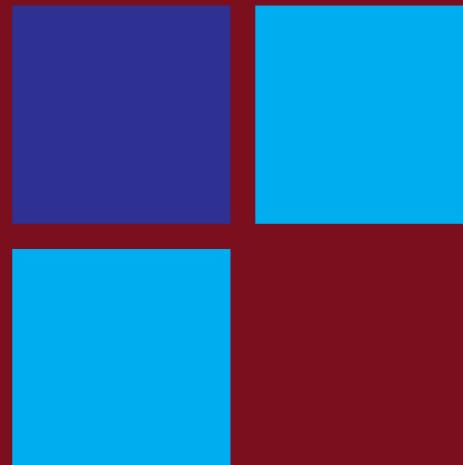
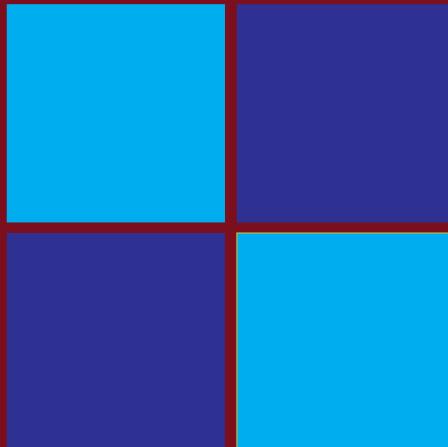


MONTHLY

# NEWSLETTER

Inspiring Hope, Transforming Lives  
making and effort!

In June 2025, Shifa Foundation enhanced nutrition, education, and community services, helping thousands through health and awareness activities.



JUNE - 2025

## BENAZIR NASHONUMA PROGRAM (BNP) – SINDH

In June 2025, Shifa Foundation, in collaboration with BISP and WFP, distributed 20.367 MT of Specialized Nutritious Food to 3,643 beneficiaries, including

pregnant and lactating women and children aged 6–23 months. The program also provided RUTF to 34 children with severe acute malnutrition.



## IGNIT3 & MMS IMPLEMENTATION RESEARCH (SWABI)

The IGNIT3 Project in Swabi, led by Nutrition International, provides MMS to all non-anemic pregnant women via public health facilities and LHWs. In June

2025, 3,564 MMS bottles were consumed, with supervision visits and monitoring ensuring proper distribution and protocol adherence. HCPs and LHWs were trained on MMS

delivery and nutrition counseling to improve maternal health services.



## INTEGRATED HEALTH SERVICES DELIVERY TO EDUCATE & LOBBY FOR SUSTAINABLE IMMUNIZATION (I-HEAL – SINDH)

Shifa Foundation, supported by Gavi, implements the I-HEAL Sindh project in Karachi East to improve routine immunization in urban and peri-urban areas. The project addresses low coverage due to vaccine

hesitancy, misinformation, and access gaps by strengthening community engagement, identifying zero-dose and defaulter children, and supporting routine and campaign immunizations. Key activities include forming

Vaccine Awareness Committees (VACs), household outreach, awareness sessions, data coordination with health offices, and use of culturally relevant IEC materials.



## SOCIAL PROTECTION SUPPORT PROGRAM FOR ADOLESCENT GIRLS' NUTRITION (SOPRAN)

The SOPRAN Project, funded by Nutrition International, improves adolescent girls' nutrition through WIFA supplementation, fortified flour, and education across

seven districts. In June 2025, supplementation continued in Quetta, Skardu, and Shaheed Benazirabad, with schools and flour mills receiving technical support. Upcoming activities

focus on resuming supplementation in all districts and conducting research to enhance program impact.



## MMS SCALE-UP PROJECT

The MMS Scale-Up Project improves maternal and newborn health by replacing IFA with MMS in target districts, aiming for 50% cover-

age by 2027. By June 2025, the first quarterly distribution was completed, with staff trained, gaps addressed, and community awareness raised.

In Hattian (AJK), MMS coverage reached 62%, with efforts ongoing to integrate MMS into ANC services and health systems



## INTEGRATED HEALTH SERVICES DELIVERY (ISD) – KARACHI

The ISD program in Sindh strengthens maternal and child health through routine immunizations, ANC, and nutrition screening for children under five and PLWs. It targets high-risk areas in

Karachi to address polio, zero-dose children, and population mobility. Outreach teams provide community engagement, awareness, minor treatments, and referrals to improve immunization and

nutrition coverage. Supported by UNICEF, the program reaches over 8,963 beneficiaries through monthly outreach cycles.



JUNE - 2025

# REDUCING CORPORAL PUNISHMENT IN SCHOOLS

The ICC-T project, supported by Konstanz and Bielefeld Universities, reduces corporal punishment and improves mental health of 2,160 students and 720 teachers across 48

schools in Pakistan. In June 2025, progress tracking, Contamination Assessment planning, and data uploads were completed, with coordination between schools and the German

research team. The Project Manager also participated in international panels to align activities with global research practices.

## BENAZIR NASHONUMA PROGRAM (BNP) – Punjab

The Benazir Nashonuma Program (BNP), implemented by Shifa Foundation with BISP, WFP, and IRMNCH, prevents stunting in mothers and children

under two. In June 2025, 4,253 women and 586 children were enrolled, and 155.21 MT of specialized nutritious food was distributed. The program con-

ducted 719 community awareness sessions, reaching 16,397 people, with 3,453 beneficiaries graduating successfully.



## Contact Us

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