

MONTHLY

# NEWSLETTER

JULY-2024

## SHIFA FOUNDATION MAKING AN EFFORT

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# EMPOWERING LIVES, TRANSFORMING COMMUNITIES: SHIFA FOUNDATION'S JOURNEY OF COMPASSION

Established in 1991, Shifa Foundation is a dedicated non-profit organization committed to improving health, nutrition, and access to clean water for underserved communities in Pakistan. We believe that access to quality healthcare, education, and nutrition is crucial for breaking the cycle of poverty. Over the years, we have honed our technical expertise and deepened our understanding of community engagement, health practices, hygiene, and nutrition. Our vision is to become a global leader in charitable services, delivering transparent, efficient, and impactful support to underprivileged individuals while preserving their dignity and self-respect.

Our mission encompasses providing emergency response services such as medical care, food, water, shelter, and clothing, as well as community support initiatives that empower vulnerable populations through education, skill development, access to safe drinking water, sanitation systems, and livelihood programs. We are also dedicated to continuous professional development, enhancing education and training, advancing research, and nurturing leadership.

With our extensive experience and research, we have successfully advocated for and influenced policymakers to invest in health and food security for marginalized communities





# SHIFA FOUNDATION WELCOMES

## COMMISSIONER NAYYAR MEHMOOD: A VISIT OF ENCOURAGEMENT AND SUPPORT

As we approach the end of another remarkable year at Shifa Foundation, we take great pride in celebrating our collective achievements and milestones. Throughout the year, our dedicated team has worked tirelessly to make a profound impact on the lives of those in need. From providing essential healthcare services to empowering communities through education and sustainable development initiatives, each accomplishment stands as a testament to our commitment to humanitarian excellence.

Looking ahead, we eagerly anticipate the new challenges and opportunities that the coming year will bring. With renewed determination and a clear vision, we are poised to set even higher benchmarks and reach new heights of impact and effectiveness. Our goals are ambitious, but with the unwavering support of our compassionate team and the communities we serve, we are confident in our ability to make a meaningful difference.

At Shifa Foundation, we believe in fostering a culture of excellence and continuous growth. We encourage our employees to strive for excellence in everything they do, recognizing and rewarding their dedication and achievements. Together, we are not just shaping a better future, but also creating lasting change that resonates far beyond the boundaries of our organization. As we celebrate our successes, we also reaffirm our commitment to serving humanity with compassion, integrity, and unwavering determination.



# BENAZIR NASHONUMA PROGRAM BALOCHISTAN

## Project Summary:

Pakistan faces a severe child nutrition crisis, with alarming rates of malnutrition—40.2% of children are stunted, 28.9% are underweight, and 17.7% are wasting. Recognizing the critical importance of the first 1,000 days of a child's life, BISP, through our Benazir Nashonuma Program in Balochistan, is actively combating malnutrition and stunting during this crucial period. The initiative provides financial assistance to pregnant and lactating women, offering PKR 3,500 per quarter for boys and PKR 4,000 for girls under 2 years of age. In exchange, mothers must commit to regular antenatal health checks, nutrition, and immunization for their children. BISP has expanded the program's eligibility, increasing the PMT Score from 32 to 60, making 90% of women with young children eligible. Plans are also underway to involve community resource persons (CRPs) to maximize program coverage and reach more beneficiaries across districts.

- **Child Nutrition Crisis:** Pakistan faces high rates of malnutrition with significant stunting, underweight, and wasting among children.
- **Intervention:** BISP's Conditional Cash Transfer (CCT) program supports pregnant and lactating women and their children under two years old, offering quarterly cash transfers to encourage health service uptake.
- **Expansion:** BISP has increased eligibility to nearly 90% of females in target categories by expanding the PMT Score from 32 to 60.
- **Community Engagement:** Plans include involving community resource persons (CRPs) to broaden program reach.

## Highlights of the Month

- **NSER Surveys:** Conducted in 7 districts, improving registry data and targeting efficiency. Training provided to all NSER focal persons with additional tablets for daily use.
- **SBCC Training:** Held in Quetta, covering community sessions, MUAC practices, and IYCF sessions.

## Focus for the Month

- **Transition:** Moving UCD beneficiaries to the GUC program and verifying eligibility.
- **Challenges:** Addressing inactive beneficiaries and compliance issues.
- **Next Steps:** Data validation, enhanced outreach, and program evaluation.

## Due Compliance

- **Challenges:** High due compliance in Jaffarabad and Quetta, with ongoing strategies to improve compliance rates.

## Activities Progress

- **Beneficiaries Referred to NADRA:** 1,317
- **New Registrations:** 2,627
- **Follow-Up Normal:** 8,115
- **Registered in TSFP:** 222
- **Registered in OTP:** 85
- **MAM Follow-Up:** 405
- **SAM Follow-Up:** 153
- **Cured SAM Beneficiaries:** 42
- **Cured MAM Beneficiaries:** 107
- **Graduates:** 511

# BENAZIR NASHONUMA PROGRAM BALOCHISTAN

## Sessions Activities

- **MIYCN:** 975
- **Health & Hygiene:** 939
- **Utilization of SNF:** 976
- **Stunting:** 979
- **IYCF:** 1,122
- **Vaccination:** 1,437
- **ANC/PNC:** 1,086

## District Updates

- **Quetta:** Key meetings focused on BNP performance, employee well-being, and compliance issues.

- **Sohbatpur:** Progress in addressing malnutrition with PSEA sessions and collaboration with stakeholders.
- **Naseerabad:** Overcoming extreme weather and migration challenges to meet targets.
- **Sherani:** Discussed birth registration and vaccination issues.
- **Zhob:** Coordination meetings with health workers and monitoring visits conducted.





# BENAZIR NASHONUMA PROGRAM SINDH

**Districts Covered:** Sanghar, Umerkot, Mirpurkhas, NSF, SBA, Hyderabad, Matiari, Jacobabad, Kashmore, Qambar, Tando Allayar, Karachi West, Karachi Central, Karachi Malir, Karachi South, Shikarpur, Tharparkar

**Team Changes:** In July 2024, significant changes were made to the team formation. The position of Distribution Assistant (DA) was abolished and replaced with a Social Mobilizer (SM). The SM assisted with loading and offloading of Supplementary Nutrition Food (SNF) and focused on field activities, including beneficiary registration and mobilization. This adjustment marked the first month operating without a DA or male team members, presenting challenges that were successfully managed by the team.

## Achievements:

### Beneficiary Registration:

- **Pregnant and Breastfeeding Women (PBW):** Registered 2,892 out of the target of 3,910 (74%).
- **Children:** Registered 518 out of the target of 1,350 (38.3%).
- **Total Assisted:** 9,043 beneficiaries, including 5,753 PBW and 3,686 children.

### Monitoring and Coordination:

- **Provincial Manager and RCs:** Conducted regular monitoring visits and coordination meetings with stakeholders across districts.
- **Training:** One-day refresher training for mobile FC staff in Sukkur for capacity building.

### Highlights of the Month:

- 1. Monthly Report Submission:** Completed and submitted.
- 2. Provincial Manager Visits:** 21 teams in 16 districts; identified gaps, mentored team members, and issued advisory letters where necessary.
- 3. Refresher Training:** Held in Sukkur.
- 4. Karachi RC Monitoring Visits:** Detailed list of visits conducted with stakeholders.
- 5. Sukkur RC Visits:** Attended DCCN meetings and conducted regular monitoring visits.

### 6. Hyderabad RC Monitoring Visits:

Conducted visits and coordination meetings in Hyderabad and surrounding districts.

- 7. SBA RC Activities:** Meetings with various stakeholders, including BISP Assistant Directors, ADC, and participation in World Population Day event.

### Coverage and Data:

- **Global Project Coverage (July 2024):**
  - **PBW:** Achieved 74% registration.
  - **Children:** Achieved 38.3% registration.
  - **Follow-Up Coverage:** 5,357 (exceeding the initial target of 3,686).
  - **SNF Distribution:** 9,043 beneficiaries received SNF; total distribution was 55.3455 MT.

### Commodity Distribution:

- **MAMTA:** 38.1555 MT (no damage/losses).
- **WAWA MAM:** 17.19 MT (no damage/losses).
- **Total:** 55.3455 MT distributed.

# BENAZIR NASHONUMA PROGRAM SINDH

## Mother and Child Health:

- **Counseling:** Provided to 5,357 women on breastfeeding, nutrition, and other health-related issues.
- **Children Support:** 3,686 children received health-related support.
- **NADRA Referrals:** 1,857 beneficiaries

referred, including 1,007 children for B-form.

- **TSFP Registrations:** 136 PW & LW and 129 children.



# BENAZIR NASHONUMA PROGRAM PUNJAB

## Project Overview

The Benazir Nashonuma Program (BNP) is actively being implemented by Shifa Foundation across 12 districts in Punjab, in collaboration with the World Food Programme (WFP), IRMNCH, and BISP. The program focuses on preventing stunting through a 1000-day approach, targeting mothers and children registered with BISP. Specialized nutritious food (SNF) is provided to the most vulnerable groups within the community.

## Key Updates for July 2024

### 1. Orientation Workshops

- **Dates:** July 24-25, 2024
- **Details:** Shifa Foundation organized a two-day orientation workshop for cooperating partners, facilitated by WFP. The workshop aimed at enhancing understanding and coordination among partners involved in the BNP.

### 2. Monitoring Visits

- **Locations:** Gujranwala, Attock, and Sialkot
- **Focus:** Enrollment protocols and quality of service delivery
- **Conducted by:** Provincial Manager Mr. Amir Ali and his team

### 3. Strategic Meeting

- **Date:** July 29, 2024
- **Participants:** Dr. Khadeeja Azhar (Executive Director), Mr. Amir Ali, Dr. Ammara (CD-WFP), and Dr. Amir ud din Chohan (Program Policy Officer)

- **Purpose:** Strengthen cooperation with WFP in Punjab and discuss future collaboration opportunities

### 4. Weekly Meetings

- **Outcome:** Active participation by Mr. Amir Ali and his team, leading to notable outcomes for the BNP

## Progress Report Summary for July 2024

### New Enrolled:

- **Total:** 2,748

### Distributed SNF (Specialized

### Nutritious Food) in Metric Tons (MT):

- **Total:** 17.168 MT

### Follow-up Received:

- **Total:** 11,250

### Distributed SNF (Metric Tons):

- **Total:** 57.785 MT

### Total Beneficiaries:

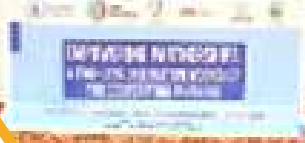
- **Total:** 13,998

### Total SNF Distributed (Metric Tons):

- **Total:** 74.953 MT



# BENAZIR NASHONUMAP ROGRAM PUNJAB



# FORGING NEW ALLIANCES TO COMBAT MALNUTRITION: A STRATEGIC MEETING AT RAWALPINDI MEDICAL UNIVERSITY

We are pleased to report that Dr. Muhammad Umar, Vice Chancellor of Rawalpindi Medical University, recently hosted a pivotal roundtable meeting that brought together key stakeholders in the fight against malnutrition. Among the distinguished attendees were Dr. Khadeeja Azhar, Executive Director of Shifa Foundation, representatives from the NRP Non-Resident Pakistanis Washington DC group, and other esteemed delegates.

The meeting was a significant step forward in our collective efforts to address the critical issue of malnutrition in Pakistan. The discussions were centered around innovative strategies to tackle this challenge, with a focus on launching pilot initiatives that could be scaled up nationwide. Among the proposals were ideas to promote Behaviour Change, improve diagnosis, and ensure a steady supply of nutritious food by leveraging our country's agricultural resources.

The collaboration aims to design and implement modules that will have a lasting impact on health outcomes across the nation. By integrating Behaviour Change strategies with improved diagnostic tools and sustainable food supply chains, these initiatives will not only address the immediate needs of malnourished populations but also create long-term, sustainable solutions.

This meeting marks the beginning of a promising partnership that has the potential to transform how we approach the issue of malnutrition in Pakistan. By working together and pooling our resources, we can create a healthier future for all, ensuring that no one is left behind in the pursuit of better health and well-being.





# INSPIRING GROWTH AND INNOVATION: SHIFA FOUNDATION'S TOWNHALL MEETING

Shifa Foundation recently hosted an enlightening townhall meeting, bringing together our dedicated team to discuss key insights, review departmental progress, and outline future strategies to achieve our organizational goals.

During the meeting, the Executive Director expressed heartfelt appreciation for the exceptional performance and dedication of all employees. The discussion included innovative approaches to our work, and clear objectives were set for the coming months, ensuring that we remain on track to make a greater impact in the communities we serve. Shifa Foundation continues to strive for excellence, with a renewed commitment to reaching new heights of success. The unwavering commitment and hard work of our team were acknowledged and celebrated, reinforcing our collective determination to create lasting, positive change.





# SCOPE | SHIFA CENTRE OF PROFESSIONAL EXCELLENCE SCOPE

The Department of Pain Clinic at Shifa International Hospitals Limited, Islamabad, in collaboration with SCOPE, successfully hosted an Ultrasound-Guided Workshop on Upper Limb Blocks on July 21, 2024, under the direction of Dr. Salman Ahmed Saleem. Esteemed experts, including Dr. Naveeda, Dr. Khalil, Dr. Jamal, and others, provided valuable insights and hands-on training on topics such as Koniology, nerve blocks, and ultrasound-guided techniques. The event, which concluded with a certificate distribution ceremony, was praised for its excellent organization and contribution to the professional development of healthcare professionals.

The Department of Shifa Centre of Professional Excellence (SCOPE) at Shifa International Hospitals Limited, Islamabad, successfully organized a Communication Skills Workshop on July 25, 2024, aimed at enhancing healthcare professionals' communication abilities in clinical settings. Led by experts Dr. Mahrukh Durrani and Dr. Maryam Jamshed, the workshop covered key aspects such as verbal, non-verbal, and written communication, the CANMEDS "Communicator" role, and effective strategies for delivering bad news. Interactive activities and group discussions enriched the learning experience, and the session concluded with insightful remarks from Prof. Maimoona Siddiqui, reinforcing the critical role of communication in improving patient care.

Shifa Tameer-e-Millat University (STMU), in collaboration with Shifa International Hospitals Limited Islamabad and the Shifa Centre of Professional Excellence (SCOPE), hosted a session on "Intellectual Property Regime in Pakistan" on July 18, 2024. The session featured a detailed presentation by Mr. Meesaq Arif, an expert in intellectual property, who covered various facets of IP management in Pakistan, including its history, organizational structure, and enforcement. Dr. Habib Ur Rehman concluded the session with remarks on the crucial role of intellectual property in fostering innovation and economic growth in Pakistan. The event successfully offered attendees valuable insights into the significance of IP protection, encouraging them to apply this knowledge in their respective fields.

# SCOPE | SHIFA CENTRE OF PROFESSIONAL EXCELLENCE SCOPE



# INTEGRATED CMAM SAFETY NET PROJECT

**Project Area:** District Khairpur Mir's

## Project Overview

In July 2024, the SHIFA FOUNDATION's Integrated CMAM Safety Net Project continued its vital work in Khairpur Mir's, Sindh. This project focuses on cash-based transfers and nutrition support to address acute malnutrition among children and pregnant women. Our efforts include blanket screening, targeted interventions, and community engagement to improve health outcomes and provide timely support to those in need.

## 1. Screening and Beneficiary Data

### 1.1 Community Level Screening

The project team, supported by community resource persons, conducted blanket screenings for all children aged 6-59 months and pregnant and breastfeeding women (PBWs) in the target area.

Malnourished individuals were referred to nearby Outpatient Therapeutic Program (OTP) sites. Regular follow-ups are conducted to ensure compliance with WHO protocols and ongoing support. Community mobilization and collaboration with the PPHI team are crucial for successful referrals and continued service provision.

### 1.2 Screening of Targeted

**Beneficiaries** The screening aimed to identify cases of Severe Acute Malnutrition (SAM) and Moderate Acute Malnutrition (MAM) among children and pregnant and breastfeeding women. The screening covered all targeted villages, with 100% of the 988 villages being screened. Key achievements include:

- Total children screened: 89,533
- SAM children identified: 1,178
- MAM children identified: 17,273
- Normal children: 71,082

**1.3 PBW Screening** Screening results for PBWs showed:

- Under 21 cm (TSFP): 36,106
- Over 21 cm (BSFP): 10,746

## 2. MIYCN Sessions

### 2.1 Community-Based Sensitization

- Total sessions conducted: 376 (Target: 250)
- People reached: 45,412 (Target: 43,080)
- PLWs/child caregivers attending counseling: 34,789 (Target: 33,000)
- Community-based support groups established: 76 (Target: 56)

## 3. Cash-Based Transfers and Disbursements

### 3.1 Phase-I Data Status

- Total graduated MAM children beneficiaries: 15,051
- Disbursement through CiH: 3,938
- Disbursement through MWA: 10,726

### 3.2 Phase-II Data Status

- Total graduated Pregnant Women (PWs) beneficiaries: 6,882
- Disbursement through CiH: 0
- Disbursement through MWA: 5,230

## 4. Community Mobilization and Engagement

Community mobilization remains central to our efforts, involving local leaders, community groups, and social mobilizers to promote nutrition and



# INTEGRATED CMAM SAFETY NET PROJECT

hygiene practices. Regular follow-ups and sensitization sessions are conducted to address barriers and ensure effective program implementation.

## 5. Field Visits and Monitoring

Field visits by the RCCO and finance officer confirmed that activities are being implemented correctly. Monitoring efforts focused on validating the registration of pregnant women for CBT and ensuring compliance with program standards.

## 6. Cash Disbursement Progress Disbursement for July 2024

- Talukas covered: Khairpur, Thari Mirwah, Kotdiji, Kingri
- Disbursement through MWA: 5,253

## Final Beneficiaries:

- CMAM Beneficiaries: 16,204
  - PLWs: 10,144
- Total Beneficiaries: 26,348



# FOOD SECURITY, LIVELIHOODS SUPPORT, AND ACCESS TO NUTRITION SERVICES IN FLOOD-AFFECTED DISTRICT MATIARI, SINDH

**Summary:** In partnership with Care International Pakistan, Shifa Foundation is running a vital initiative to support flood-affected families in District Matiari, Sindh. This project aims to alleviate household food expenses, enhance agricultural and livestock livelihoods, and address nutritional deficiencies. Key strategies include direct financial aid, agricultural support, kitchen gardening, and targeted nutritional interventions for children under five, and pregnant and lactating women (PLWs).

**Executive Summary:** Key achievements for July include successful beneficiary assessments, cash grant distributions, and kitchen gardening tool kits. Senior management visits and quarterly reviews have further strengthened the project's impact. The initiative continues to positively affect food security, livelihoods, and nutritional services in the region.

**Care International Visit:** A delegation from Care International, including Mr. Shen, Mr. Maha Dev, Miss Iffat Naz, and Miss Sanober Shaikh, visited the project areas from July 1-3, 2024. They were joined by Shifa Foundation staff, including Mr. Zaheer Malik and Mr. Ahmed Nawaz. The visit focused on evaluating project outcomes, including food consumption, livelihood support, and nutrition services.



# FOOD SECURITY, LIVELIHOODS SUPPORT, AND ACCESS TO NUTRITION SERVICES IN FLOOD-AFFECTED DISTRICT MATIARI, SINDH

## Key Observations:

- Improved food consumption through integrated support.
- Livelihoods and livestock support for vulnerable households.
- Nutritional improvements for children and PLWs through cash grants and nutritional services.

## Day 1 Highlights:

- Welcome and introduction at Shifa Foundation Office.
- Presentation on project interventions by Mr. Zaheer Malik.
- Visit to NSC Centre Hala and meeting with ADHO Dr. Nazeer Mallah.

## Day 2 Highlights:

- Visit to Round Bheel and interaction with Village Development Committee.
- Monitoring of agriculture and DRR interventions, including IYCF corner and beneficiary interactions.

## Day 3 Highlights:

- Visit to Ghulam Shah Mari and Rajar Kot villages.
- Monitoring of kitchen gardening tool kit distribution and beneficiary selection process.

## Lessons Learned:

- Early identification of environmental risks and integration of environmental assessments.
- Importance of involving local environmental actors and ensuring sustainable resource management.
- Community involvement is crucial for successful project implementation.

**Quarterly Review Meeting:** The review meeting covered project

activities, challenges, and achievements. Discussions included progress against targets, logistical reviews, and recommendations from Care International. Key participants included Iffat Naz, Maha Dev, Ahmed Nawaz, and others.

## Way Forward:

- Addressing challenges related to socio-economic barriers and ensuring effective nutrition practices.
- Focus on achieving remaining targets and streamlining project activities.

## Challenges and Issues:

- Economic crisis leading to higher food prices and decreased income.
- Socio-economic barriers affecting access to food and medical care.

**Donor Visit:** The Australian High Commission delegation visited and reviewed the project. They appreciated Shifa Foundation's efforts and interacted with beneficiaries, including mothers of malnourished children.

## July Achievements:

- MUAC screenings for 524 boys and 503 girls aged 6-23 months, and 994 boys and 890 girls aged 24-59 months.
- Identification of 313 SAM cases in boys aged 6-23 months and 351 in girls.

Distribution of 86,790 RUTF and 371,250 IFAs.



# FLOOD RESPONSE

## PROJECT BALUCHISTAN



### Overview

Baluchistan, covering 44% of Pakistan's land area, faces significant challenges, including high levels of food insecurity, undernutrition, and a poor healthcare system. The situation worsened following the heavy rainfall and subsequent floods in April 2023, leaving communities vulnerable, particularly children suffering from malnutrition. In response, the UNICEF Integrated Flood Response Project aims to improve access to life-saving nutrition services across eight districts: Jaffarabad, Naseerabad, Sohbatpur, Quetta, Dera Bugti, Killa Saifullah, Zhob, and Loralai.

### Project Implementation

Shifa Foundation, with UNICEF's support, mobilized 187 staff members across six districts, forming field teams dedicated to delivering nutrition interventions.

### Key Achievements

#### • **Child Nutrition:**

- Approximately 19,416 children aged 6 to 59 months were screened.
- 820 children suffering from Severe Acute Malnutrition (SAM) were enrolled in mobile Outpatient Therapeutic Programs.
- 1,661 children with Moderate Acute Malnutrition (MAM) received essential nutrition support.
- 966 SAM children were successfully treated and cured.
- 15,312 children were provided with Multiple Micronutrient Supplements (MMS).

#### • **Pregnant and Lactating Women (PLWs):**

- 5,019 pregnant and lactating women were screened, with 4,491 identified as healthy and 528 as malnourished.
- Nutritional support, including Iron and Folic Acid supplements, was provided to those in need.

#### • **Community Engagement:**

- 34,958 mothers, caregivers, and men participated in counseling sessions on nutrition, hygiene, and health practices.

- 5,260 adolescent girls received key nutrition messages and supplements to improve their health.

#### • **Mass MUAC Campaign:**

- A 21-day Mid-Upper Arm Circumference (MUAC) campaign was launched across Jaffarabad, Naseerabad, and Sohbatpur districts to identify and treat malnourished children and PLWs.

#### **Distribution of Nutrition Commodities**

The project distributed vital nutrition commodities across the districts, including:

- 655 cartons of Ready-to-Use Therapeutic Food (RUTF).
- 15,312 boxes of Multiple Micronutrient Supplements (MMS).
- 559,383 Iron and Folic Acid (IFA) tablets.

#### **Monitoring and Coordination**

District project staff, along with UNICEF teams, conducted monitoring visits to ensure the quality and effectiveness of the project activities. Regular coordination meetings with district stakeholders were held to address challenges and enhance the project's impact.

# FLOOD RESPONSE

## SINDH

**Districts Covered:** Mirpurkhas, Umerkot, Sanghar, Khairpur, Tharparkar

**Nutrition Overview:**

The nutrition program for July 2024 spanned across five districts, focusing on improving the health and nutritional status of children under five and pregnant and lactating women (PLW). Here's a summary of the key activities and achievements:

**Districts Covered:** Mirpurkhas,  
Umerkot, Sanghar, Khairpur,  
Tharparkar

**Nutrition Overview:**

The nutrition program for July 2024 spanned across five districts, focusing on improving the health and nutritional status of children under five and pregnant and lactating women (PLW). Here's a summary of the key activities and achievements:





# REDUCTION CORPORAL PUNISHMENT IN SCHOOLS: EVALUATING THE INTERACTION COMPETENCIES WITH CHILDREN FOR TEACHERS (ICC-T) INTERVENTION IN PAKISTAN

Achievement/Key Highlights for the month of July 2024

- Attended team meetings via Zoom with Dr. Alaptagin.
- Project Manager arranged a follow-up meeting with the principal of IMCB to plan the training for teachers.
- Met with Dr. Alaptagin virtually to understand the activities of CANVAS and reviewed budget planning.
- Follow up with the data entry team to track entered data and provide new files for data entry.
- Requested permission from the Secretary of Education to implement the ICC-T project in three districts: Muzaffarabad, Bagh, and Hattian Bala.
- Started a 5-day training for teachers at a boy's college in Islamabad.
- Held a meeting with the Assistant Director of Planning and Development and nominated a school for CANVAS activities.
- Held a meeting with the headmistress of GGHSS Muslim Town to discuss the certificate ceremony and the follow-up plan.



# Centre Of Philanthropy and Community Services (COPCS)

**Project Overview:** In July 2024, Shifa Foundation made significant strides in various initiatives aimed at improving community health and well-being. Through strategic collaborations and impactful activities, the foundation continued to address critical needs within underserved populations.

## Key Achievements:

### 1. Autism Awareness Session:

- Shifa Foundation organized a pivotal session to raise awareness about Autism Spectrum Disorder (ASD) within the Afghan community. The event, held in collaboration with Zeta Technologies, was instrumental in fostering understanding and support for individuals with ASD among Afghan families and community members.

### 2. SIP OF LIFE – Clean Water Initiative:

- Thanks to the generous support of our donors, Shifa Foundation successfully installed 20 hand pumps in Umerkot, Sindh. These hand pumps now provide reliable access to clean, safe drinking water for numerous families, greatly enhancing their health and overall quality of life.

### 3. Partnership with The Church of Jesus Christ:

- Shifa Foundation and The Church of Jesus Christ engaged in a significant meeting to explore collaborative opportunities in clean water and nutrition projects. This partnership aims to deliver sustainable solutions that promote health and well-being in communities worldwide.

### 4. Patient Treatment Support:



- In July 2024, the Shifa Foundation facilitated the treatment of 47 patients diagnosed with various diseases through the patient treatment panel, providing them with essential medical care and support.





Join us in this compelling journey of impact, where every step we take brings us closer to a brighter, more equitable future for all. Together, we can make a world of difference. We sincerely value your participation in this transformative journey as we strive to instill hope and make a profound impact on the lives of those in need.

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