



**SHIFA  
FOUNDATION**  
*making an effort*



Making an  
**EFFORT**



**ANNUAL  
REPORT**  
2021-2022

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## - MAKING AN EFFORT -

to shape the future of the underprivileged communities  
by promoting health and development.

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## OUR FOUNDER

“My vision is to fulfill our corporate social responsibilities, putting our share to improve community health services through efficient and effective network of our social arm - Shifa Foundation.”

Dr. Zaheer Ahmed  
(1948 - 2011)

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### SHIFA FAMILY

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# BOARD OF GOVERNORS



Dr. Manzoor ul Haq Qazi  
Chairman



Mr. Muhammad Zahid  
Member



Dr. Zeeshan Bin Ishtiaque  
Member



Mr. Taimoor Shah  
Member



Dr. Imran Nazir Ahmed  
Member



Dr. Muhammad Ashraf  
Member



Dr. Jahanzeb Malik  
Member



Mr. Arshad Ahmed Bhatti  
Member

## EXECUTIVE COMMITTEE

Dr. Zeeshan Bin Ishtiaque (Chairman)  
Mr. Taimoor Shah (Member)  
Dr. Muhammad Ashraf (Member)  
Dr. Imran Nazir Ahmed (Member)  
Dr. Darakhashan Jabeen (Member)  
Mr. Malik M. Uzair (Member)  
Dr. Khawaja Junaid Mustafa (Member)

## AUDIT COMMITTEE

Mr. Mohammad Zahid (Chairman)  
Mr. Taimoor Shah (Member)  
Mr. Usman Ali (Member)

## MESSAGE FROM CHAIRMAN

As-Salaam-Alaikum

Our sincere gratitude to the Almighty Allah for his endless Mercy for providing us with the opportunity to serve the humanity through Shifa Foundation.

Shifa Foundation has always endeavored to bring changes at grassroots level and transform the lives of underprivileged people and communities through demonstrated efforts for better health, education, protection, relief and enabling environment for all.

The 30 years journey of Shifa Foundation has tremendous outcomes and contribution to social sector, in human resource development- Shifa Foundation recruited and trained hundreds of professionals who are now serving the humanity in the country and abroad. Geographically, we reached the hard to reach areas of the country and promoted the goodwill everywhere while in response to human sufferings we got a recognition where a few can reach.

Our annual turnover and multisectoral projects are witness to our contribution to support government of Pakistan in achieving its targets of Sustainable Development Goals and making Pakistan a prominent country for living. The achievements of the year 2021-22 have further encouraged us to move forward with zeal and enthusiasm, committing to purposeful and rewarding goals.

Being the Chairman of Shifa Foundation, I strongly believe in teamwork, coordination, transparency of work and good governance. Good governance, stakeholders` coordination and proper execution are the integral parts of our work. As part of our strategy, we intend to further expand our work with new milestones to combat the human sufferings and bring prosperity to the destitute.

It is a great honor for me to work with group of sincere colleagues at the Board of Governors and committed group of staff members. I wish my appreciation and thanks to Shifa Family, board members, staff and partners of Shifa Foundation.

DR. MANZOOR UL HAQ QAZI  
CHAIRMAN



# LEADERSHIP SPEAK

It is immense pleasure for me to welcome you to Shifa Foundation. Here you will find a comprehensive, in-depth review of our work, reflecting the year 2021-22 in terms of growth and success. It also conveys our sagacity of mission - To shape the future of the underprivileged communities by promoting health and development.

At Shifa Foundation, we have earned a reputation for supporting the underprivileged communities to transform the way in which they have more access to services. The programs we support are critical to improve the living standards of people, as well as making services more efficient to achieve. Shifa Foundation has the privilege for delivering on programs that truly make a difference.

Today, change is everywhere due to climate change, COVID-19 pandemic and adoption of new technologies. Our management is evolving rapidly in response to new challenges, feedback and new trends of climate change. For Shifa Foundation, this is a potential opportunity as well to learn and enhance its capacities and broaden its scope of work.

From its inception in 1991, Shifa Foundation has sought to adapt quickly to new challenges and priority needs of its beneficiaries and this tradition of ingenuity has driven continuous improvement in the way we operate as well as a relentless quest for sustainable growth. For us, sustainability is often the spur and driving demand for better and more-efficient services provision.

Today, Shifa Foundation is transforming itself to take advantage of the latest wave of change. We are reshaping our works to ensure that we are equipped to take advantage of emerging trends in growing needs. These include; geographical expansion, inclusion of new themes, strengthening coordination and capacity building of our staff to contribute to our strategic plan. This transformation aims at making us more agile, cost-efficient, and aligning us ever more closely to the needs and requirements of our beneficiaries.

The efforts we made during 2021-22 has enabled us to assist 1.85 million beneficiaries directly while reached to 6.69 million through social media and created mass awareness to bring a positive social and behavior changes in the communities.

Here, you will also discover our commitment to the communities where we live and work; how we make outreach to underprivileged communities that builds a better future.

Last but not the least, I would like to appreciate the dedicated efforts of all team members of Shifa Foundation who played tremendous role in making it possible.



**DR. KHADEEJA AZHAR**  
**EXECUTIVE DIRECTOR**



## SHIFA FOUNDATION 30<sup>TH</sup> ANNIVERSARY

In order to celebrate the humanitarian and development services and honor the sincere contributions of donors and supporters, Shifa Foundation organized a mega event on 21st December, 2021 at Shifa International Hospital with theme of “Thirty Years of Creating Impact”. Dr. Nausheen Hamid, Parliamentary Secretary on Health, Ministry of National Health Services, Regulations and Coordination, attended the event as Chief Guest, while the Guest of Honor was Dr. Hamid Jalil, Member Food Security, Climate Change & Nutrition (SUN Executive Committee Alternate Member South & Central Asia region). Senior Govt officials, management of Shifa Inter-

national Hospital, president Chamber of Commerce and Industry Islamabad/ Rawalpindi, representatives of UNICEF, WFP, INGOs, NGOs, management of SZABIST University, NUML University attended the event. CEO Shifa International Hospital, Chairman Shifa Foundation and the founding member of Shifa Foundation Dr. Manzoor ul Haq Qazi, in his address, highlighted the achievements and services of Shifa Foundation. He added that since the inception of Shifa Foundation in 1991, the focus of its services is to provide quality and timely assistance to the underprivileged communities.



### REFLECTION FROM PARTNERS

SUN Secretariat MoPD&SI is delighted to congratulate Shifa Foundation Family being its esteemed member of SUN Civil Society Alliance (SUNCSA) on their 30th anniversary of humanitarian & development services for the marginalized communities of Pakistan. It is also to mention that Shifa Tameer-e-Millat University is also the member of SUN Academia and Research (SUNAR). Dr. Hamid Jalil, Member Food Security, Climate Change & Nutrition (SUN Executive Committee Alternate Member South & Central Asia region) participated as a guest of honor in the event at Shifa international Hospital. He emphasized on the role of private sector and assured full support from Planning Commission in promoting multi-sectoral nutrition agenda.



Guests from social sector and different walks of life appreciated the efforts of Shifa Foundation regarding reducing malnutrition, combating diseases, promoting access to water, sanitation and hygiene, preventing violence against women and children to create an enabling environment for all. Shifa Foundation has evolved as one of the largest National Non-profit Organisation of Pakistan with integrated humanitarian management and development model dedicated to strengthening the marginalized communities. Founded in 1991, Shifa Foundation has extended its outreach across the country with particular focus to the least developed areas. It has established a vast network of volunteers and reached to more than 12 million people in last three decades.

Shifa Foundation endeavors to create an enabling environment for deprived children, women, families and underprivileged communities to realize their fundamental rights with dignity. Within this spectrum, it works in different thematic areas to assist and improve the living standards of marginalized communities.

The efforts made during the past 30 years, have contributed in long lasting impact on lives of most vulnerable and marginalized communities and to support Government in achieving its targets of Sustainable Development Goals. Shifa Foundation always emphasis institutional capacity building and mass awareness. For this purpose, SF provided many trainings to Health Department personnel, replicated the LHW Model in LHW Uncovered areas, implemented Health and Nutrition projects in Flood and Drought affected areas, mobilized funds for emergency response and strengthened its systems to ensure transparency and quality of work.

Shifa Foundation has worked in multiple thematic areas including health, nutrition, Child Protection, water Sanitation and Hygiene, Food Security and Institutional Capacity Building.

For mainstreaming gender in its programs and enhancing local resources, Shifa Foundation has trained local Community Health Workers and focused on institutional capacity for contributing to sustainable development.

During the COVID-19 Pandemic, Shifa Foundation integrated awareness raising regarding COVID-19 in its all running projects, trained Frontline Workers and provided Personal Protection Equipment (PPE) to strengthen Department of Health and Combat the pandemic. Besides, integrated COVID awareness, exclusive projects on COVID-19 were also implemented to strengthen the coping mechanism of the communities.

For Mental Health and Psychosocial support, established digital platform and provided counseling to COVID affected persons and their families through experienced psychologists. Frontline Workers were trained on Psychological First Aid to capacitate them for dealing with patients suffering from mental and psychological problems.

In Short, Shifa Foundation has always endeavored to bring an attitudinal and behavioral change, reduce malnutrition, educate on preventive healthcare and find innovative solutions to social problems.

“We believe in participatory approach- together we can do more for our people.

Let’s join hands with Shifa Foundation to support the people in need.”



# MILESTONES 2021-2022



Total Beneficiaries assisted  
**1,849,544**



Follow-up visits of malnourished Children & mothers  
**82,976**



Awareness sessions, IYCF Iodized Salt, Vitamin A Health  
**23,484**



Beneficiaries received SNF  
**49,221**



Beneficiaries reached through Social Media  
**6,685,478**



Health Awareness Campaign  
**155**



Beneficiaries registered for Services/ Assistance  
**43,611**



Provision of IFA to PLW  
**95,738**



Mothers and Fathers Support groups formed  
**138,778**



MNP provided to children (24-59 months) children  
**82,747**



Beneficiaries Discharged from the program  
**3,050**



Pregnant & Lactating Women screened  
**188,321**



Patients Assistance at I-9 Panel  
**109**



Food Distribution  
**8,309**



SAM Children (0-59 months) referred to HP  
**26,116**



Children Dewormed  
**217,481**



Meetings with potential donors  
**65**



Qurbani Meat Distribution  
**8,301**



IEC Materials Distribution  
**605**



Pink Lady Campaign  
**5,000**



Teachers Training on ICC-T  
**90**



Beneficiaries referred for immunization  
**114,563**



Awareness Sessions on DRR  
**605**



# CONTRIBUTED TO SDGS



Eradicating poverty in all its forms remains one of the greatest challenges facing humanity. Shifa Foundation through its multiple projects not only contributed to eradicate poverty but also created employment opportunities for the local population, enhanced their skills and enabled them to contribute to their family income.



Goal 2 seeks sustainable solutions to end hunger in all its forms by 2030 and to achieve food security. The aim is to ensure that everyone everywhere has enough good-quality food to lead a healthy life. Shifa Foundation nutrition projects and food distribution in destitute areas of the country played a vital role in contributing to eradicate the hunger.



Goal 3 seeks to ensure health and well-being for all, at every stage of life. The aim is to improve reproductive, maternal and child health, end the epidemics of HIV/AIDS, malaria, tuberculosis and neglected tropical diseases and reduce non-communicable and environmental diseases. Shifa Foundation supports Mother and child health through its health and nutrition projects and create mass awareness regarding communicable diseases. Health staff capacity building and replication of the LHWs model in uncovered areas are some of the examples to contribute in health and well-being of the society.



Goal 4 aims to ensure that all people have access to quality education and lifelong learning opportunities. Shifa Foundation Child Protection projects not only identify the out-of-schools children but also mobilize their parents and refer them to the education department for enrollment.



Ending all discrimination against women and girls is not only a basic human right but also crucial for sustainable future. Empowering women and girls helps economic growth and development. Shifa Foundation always considered and mainstreamed gender equality in its projects and endeavored to address gender issues through provision of employment opportunities, doorstep health and nutrition services, MHPSS and protective services for women.



While substantial progress has been made in increasing access to clean drinking water and sanitation, billions of people—mostly in rural areas—still lack these basic services. To increase access to safe drinking water, improved sanitation and ensure individual domestic and environmental hygiene, Shifa Foundation contributed through its WASH projects particularly in the drought and flood affected areas of Sindh province of Pakistan.



Shifa Foundation efforts on eradicating poverty, reducing hunger, ensuring good health and wellbeing, addressing protection needs and provision of clean water and sanitation directly and indirectly contributed to reduce the inequalities at grassroots level.

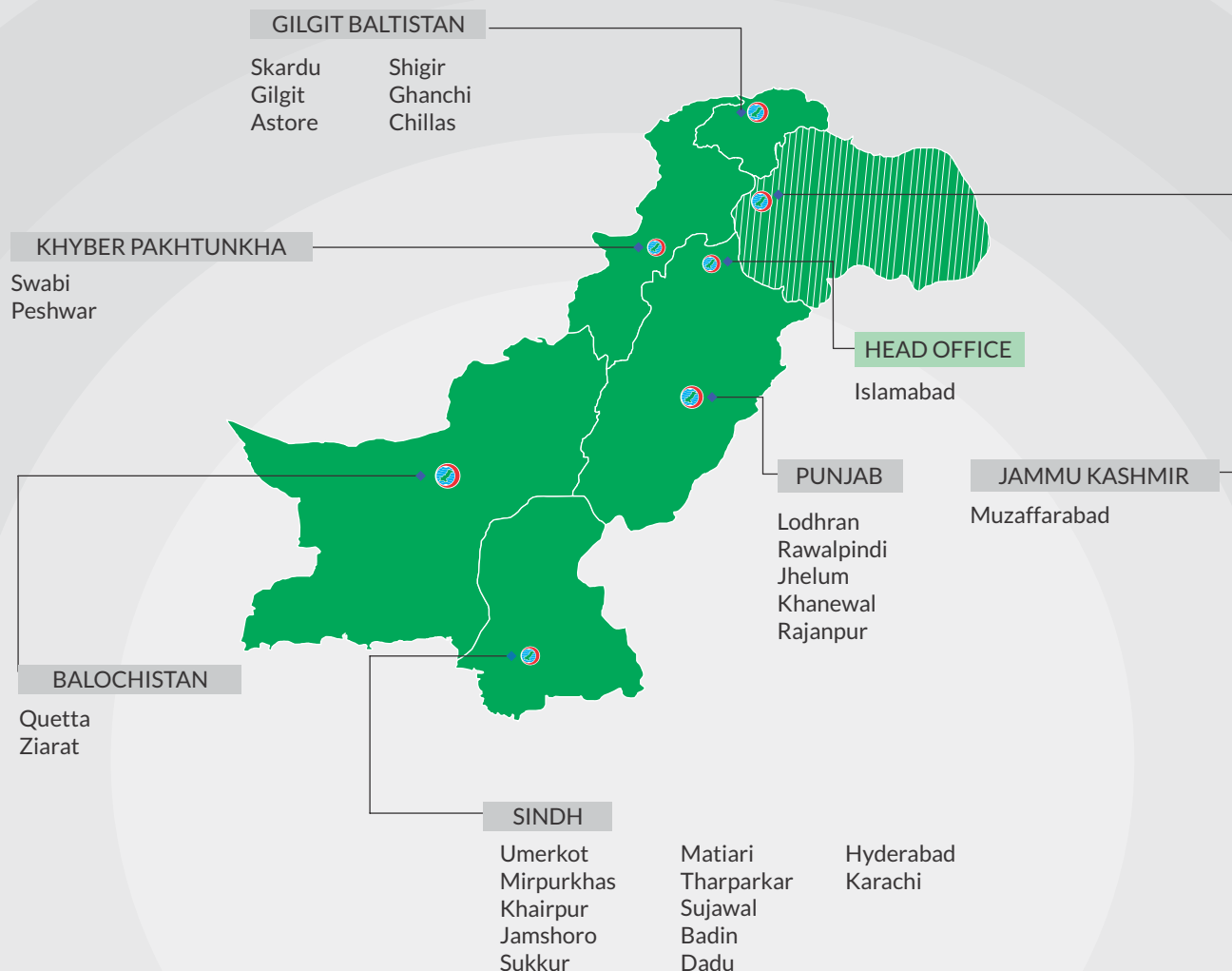


Shifa Foundation has taken a climate change initiative to promote Clean and Green Pakistan through innovative ideas and projects. Tree plantation, climate change resilient WASH infrastructure, capacity building of local communities on climate change adaptation mitigation and designing DRR application for district Badin are some of the significant contributions of Shifa Foundation towards climate change adaptation.



Shifa Foundation promotes partnership at local, national and international level for achieving the SDGs. Partnership and linkages with local communities, a huge volunteer network, partnership with Govt, line department and partnership with UN agencies and international donors have been established to achieve the SDGs goal associated and aligned with Shifa Foundation vision and mission.

# EXPANDING OUR PRESENCE 2021-2022



## PROJECTS IMPLEMENTED DURING 2021-22

- Lifesaving nutrition assistance for the children, pregnant and lactating women through CMAM in District Umerkot
- Ehsaas Nashonuma Project- District Khanewal-Punjab
- Ehsaas Nashonuma Project-District Rajanpur-Punjab
- Ehsaas Nashonuma
- Pilot Program District Badin-Sindh
- Reduction of Stunting & Malnutrition -District Khairpur
- Reduction of Stunting and Malnutrition - District Tharparkar
- Reduction of Stunting and Malnutrition - District Umerkot
- Program for Improved Nutrition in Sindh District Mitari
- Vitamin A supplementation
- Maternal and New-born Nutrition Program Lodhran, Khairpur, Jamshoro, Swabi.
- Maternal and New-born Nutrition Program Lodhran, Khairpur, Jamshoro, Swabi, Quetta & Ziarat
- Establishment of Early
- Warning System in Badin-Sindh
- Interaction Competencies with Children for Teachers
- COVID-19 Test & Treat Advocacy in Pakistan
- Strengthening Community and Health System Disaster Preparedness in Vulnerable Areas of Gilgit-Baltistan

# INTRODUCTION

## SHIFA FOUNDATION

### Who We Are

In early 1990s', a group of medical consultants with philanthropic and development professionals laid the foundation of Shifa Foundation which was later on formally registered as Non-Governmental and Non-Profit National Organization in 1991 under the Societies Act of 1860 bearing Registration NO. RS/ICT/142. SF is accredited and certified by Pakistan Centre for Philanthropy (PCP) and the services are valued by partners and funding agencies.

### What We Do

Shifa Foundation aims to serve the underprivileged communities and unserved people based on the principles of mutual respect, devoid of all kinds of discrimination on the basis of caste, religion, gender or any other social or political identities. Shifa Foundation has strict internal control mechanism to ensure quality of work, timeliness and performance through Compliance and Internal Audit Department.



### VISION

To become the role model in the world of charity services by offering highly transparent, efficient, and valuable modes of support financially, in kind, and other services to the underprivileged members in the society without any discrimination, while preserving their human dignity and self-respect.



### MISSION

To shape the future of the underprivileged communities by promoting health and development.



### CORE VALUES

A commitment to innovation, quality, integrity, equity, accountability and acting in an environment friendly manner.



## SHIFA FOUNDATION FUNCTIONS

### PROGRAM

Shifa Foundation Programs is a multilateral donor funded initiative aiming at enhancing the Health, Nutrition, Child Protection, WASH, DRR and affiliated indicators of the country to support government in achieving its SDG's targets through goal-oriented development programs and humanitarian assistance to vulnerable communities. The Program is funded by various donors to combat vulnerabilities of the underprivileged communities and initiate development programs for the betterment of communities. It is further subdivided in to two units i.e., Program Development and Program Implementation. Program Development signifies to strive for funds securing and strengthening the systems, strategize for thematic and geographical expansions, identify new donors and introduce innovative approaches to reach out the deserving communities throughout the country and strengthen the existing systems through sustainable development. Main functions of SF Programs are;

- Program Development
- Operations
- Coordination
- Monitoring and Reporting



## CENTER OF PHILANTHROPY AND COMMUNITY SERVICES (COPCS)

Centre of Philanthropy and Community Services (COPCS) aims to uplift and support underprivileged communities through involving potential donors, philanthropists and volunteers. One of the main functions of COPCS Department is collection of funds and donations from reputable donor organizations, corporate sector, national and international philanthropists and indigenous fundraising through volunteers.

Centre Of Philanthropy And Community Services (COPCS) is focusing on;

- Fundraising and Image Building
- Community Services at Grassroot Level
- Patients' Assistance at Shifa International Hospital
- Volunteer Management (Youth Development)
- Coordination with stakeholders



## SHIFA CENTER OF PROFESSIONAL EXCELLENCE (SCOPE)

Shifa Centre of Professional Excellence (SCOPE) was established under the umbrella of Shifa Foundation. The fundamental goal of SCOPE is to strive for excellence in medical teaching, professional learning and encouraging research ventures.

Shifa Center of Professional Excellence (SCOPE), an integral part of Shifa Foundation, established with the mission to be the nation's state-of-the-art learning and training facility in education, innovation and research.

To accomplish this mission, we integrate evidence and best practices from scientific education and implement to develop and assess activities that tend to enhance skills, strategy, and performance, ultimately resulting in better health outcomes. SCOPE is functions include;

- Continuing Medical Education Program
- Life Support Training Program
- Research And Ethics Program
- Research And Ethics Program



## COLLABORATION AND PARTNERSHIP

Shifa Foundation has developed partnership with local communities, Govt line departments and donor/funding agencies for support and assistance to our vulnerable communities. Shifa Foundation values and expresses its deepest gratitude to the contribution of its partners in shaping the future of underprivileged and disadvantage communities. Shifa Foundation also honor the efforts of local communities and

volunteers who catalyzed the process of change. There is no way to fully express our gratitude for partner's support. However Shifa Foundation is continually inspired by the dedication and generosity of its partners and donors for supporting and strengthening Shifa Foundation to achieve its targets and combat social issues.









## SHIFA FOUNDATION PROGRAMS

Programs is a multilateral donor-funded initiative aiming at enhancing the Health, Nutrition, Child Protection, WASH, DRR and affiliated indicators of the country to support government in achieving its SDG's targets through goal-oriented development programs and humanitarian assistance to vulnerable communities. The Program is funded by various donors to combat vulnerabilities of the underprivileged communities and initiate development programs for the betterment of communities. It is further subdivided into two units i.e. Program Development and Program Implementation. Program Development strives to secure funds and

strengthen the systems, strategize for thematic and geographical expansions, identify new donors and introduce innovative approaches to reach out to the deserving communities throughout the country, and strengthen the existing systems through sustainable development. Program Implementation describes all operations and management of ongoing projects to ensure smooth implementation and proper assistance to the vulnerable communities. SF- Programs is mainly working under the following objectives:

### ORGANIZATIONAL OBJECTIVES

Empowering deprived, vulnerable and marginalized low-income individuals and communities through various community-based interventions including:

- Improvement in Health & Nutrition
- Safe access to Water, Sanitation & Hygiene
- Effective utilization of local resources
- Climate change adaptation and DRR
- Endeavors to create an enabling environment through integrated approach
- Emergency Relief and Sustainable Livelihood



## OUR PROJECTS

# EHSAAS NASHONUMA PROGRAMME



Ehsaas Nashonuma is a Health and Nutrition conditional cash transfer programme which aims to address stunting in children under 23 months of age. Pakistan's high rates of 40.2 stunting, 28.9 underweight and 17.7 wasting are indicative of an on-going crisis among children. Stunting negatively impacts brain function, organ development, and immune system, ultimately limiting future productivity.

### OUR APPROACH & SERVICES DELIVERY

Shifa Foundation implemented three projects of Ehsaas Nashonuma programs with the support of WFP in districts Khanewal, Rajanpur (Punjab) and Badin (Sindh) through 14 facilitation centers at government health facilities.

The interventions include: awareness sessions on maternal, infant and young child nutrition and hygiene practices, provision of Specialized Nutrition Foods to pregnant and lactating mothers and children under two years, antenatal and postnatal care services, routine

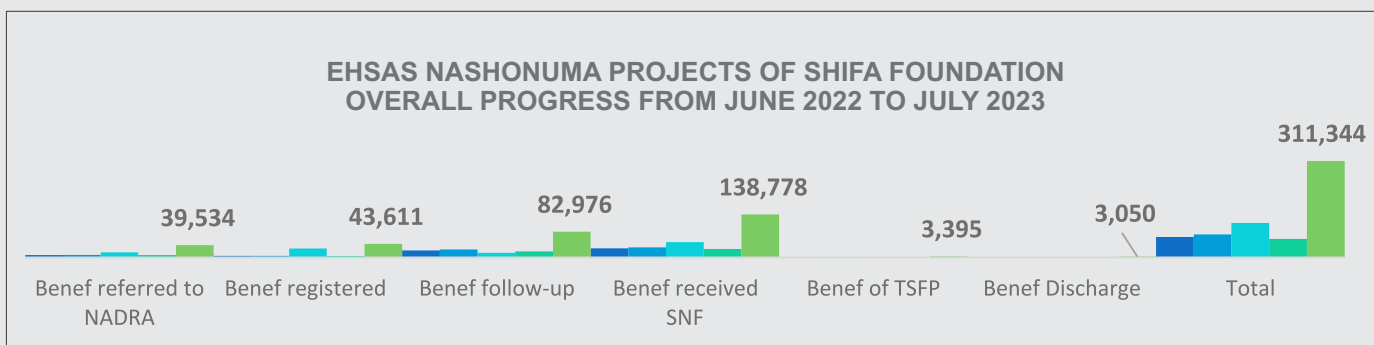
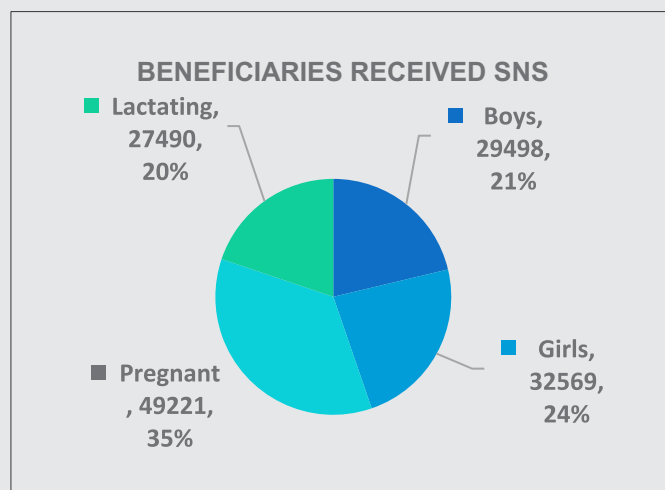
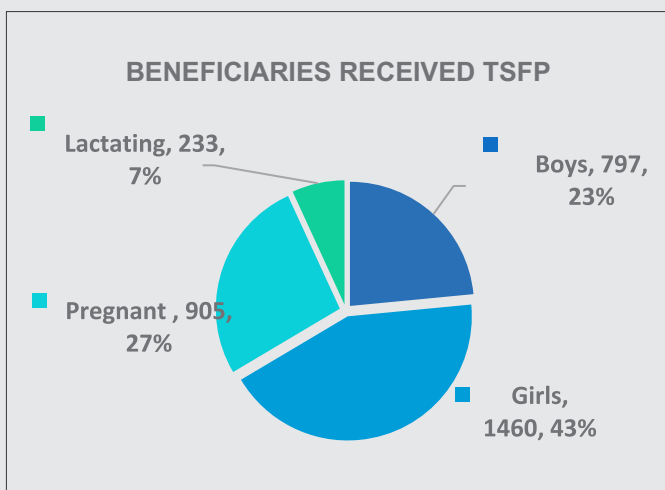
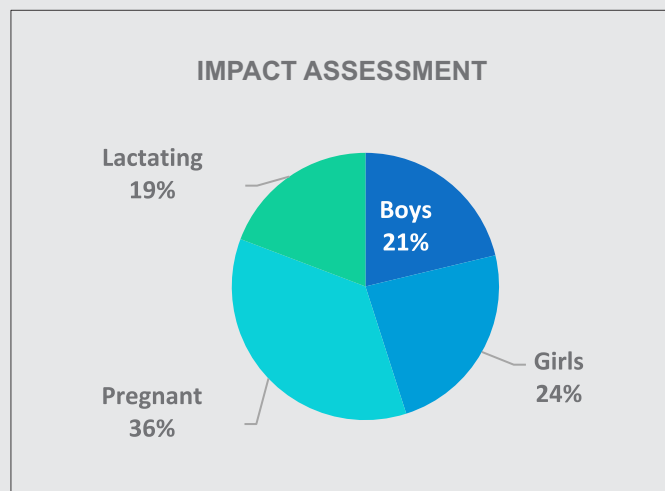
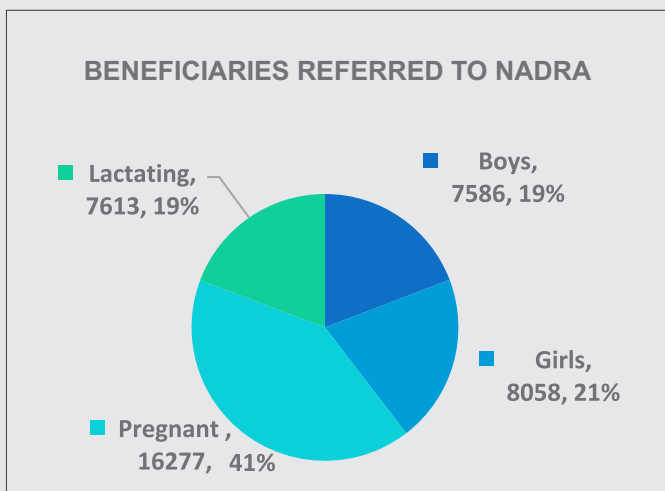
child growth monitoring child and immunization facilitation and cash stipends to deserving families.

The main purpose of Ehsaas Nashonuma program is to facilitate pregnant women through nutrition and work for the health of children in the first 1000 days. The most important task is to take care of children at the age of two years because it is the most critical period. All the pregnant women can get the Ehsaas Nashonuma cash amount of Rs. 2,000 (for boys) and Rs. 1,500 (for girls).

### Impact

138,778 beneficiaries including 36% pregnant women, 19% lactating women, 24% girls and 21% boys were treated/assisted for treatment through different interventions under Ehsaas Nashonuma program.





# NUTRITION SPECIFIC PROJECTS



Accelerated Action Plan AAP is an initiative of the Health Department of the Government of Sindh. The goal of the program is to improve health and nutrition status of children and mothers by rapidly expanding and enhancing coverage of intervention in all districts of Sindh, both through facility and community action plans. AAP is a multi-sectoral approach, working with other sectors like Agriculture, Livestock, Fisheries, WASH, Local Govt, Education, Population Welfare and Social Welfare etc.

## OUR APPROACH & SERVICES DELIVERY

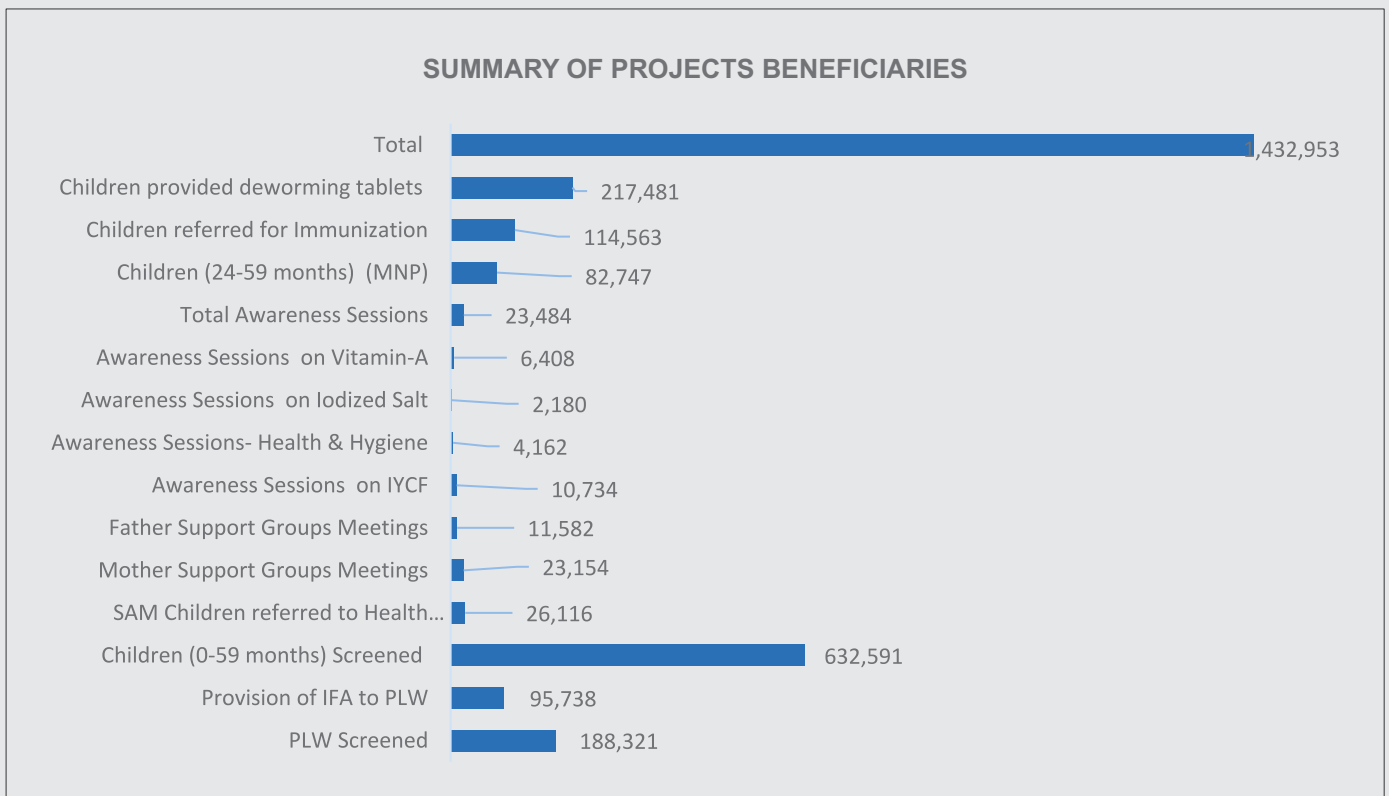
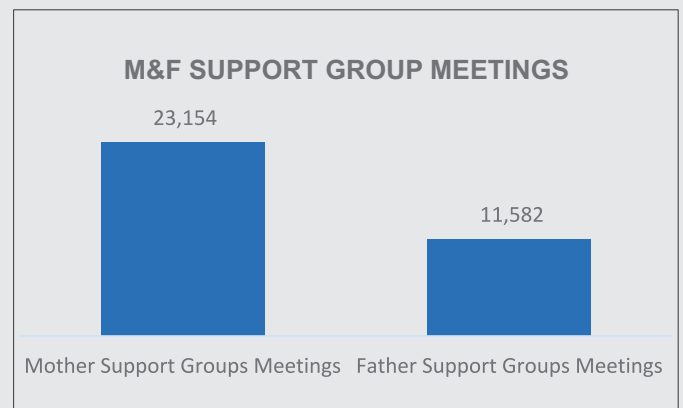
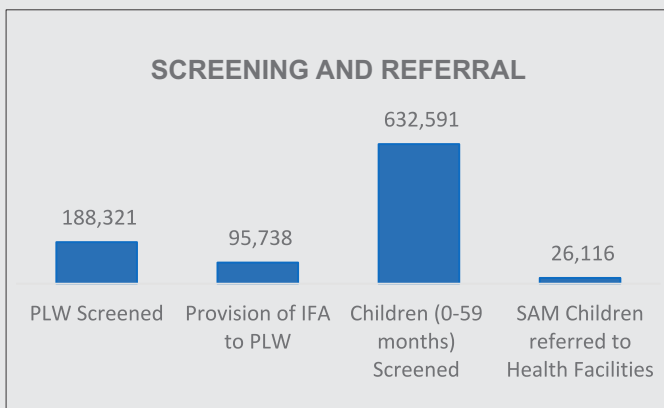
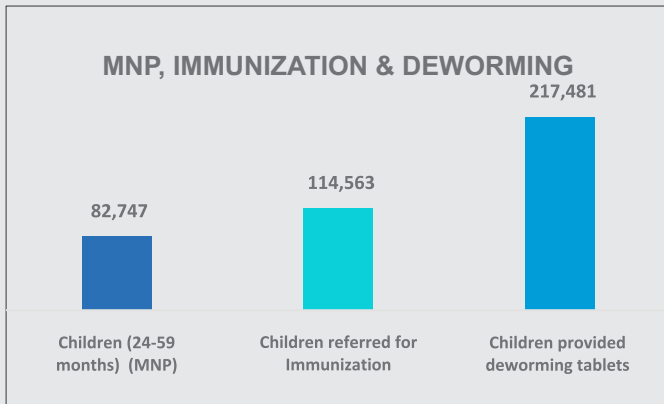
Shifa Foundation, in partnership with AAP implemented this project in three districts of Sindh including Umerkot, Tharparkar, Khairpur. In these projects the major target groups were children under five-years, pregnant and lactating women, and adolescents for reduction of stunting in Sindh. Under five-years children and PLW were screened to analyze their malnutrition status for further nutrition support in form of provision of MNPs, IFA, and referral to OTP sites along with pregnant women referral to health facilities for safe deliveries.



## Impact

188,321 PLW, 632,591 children were screened, 114,563 children were referred to health facilities for immunization, 217,481 children were dewormed and 23,484 beneficiaries were reached out through awareness campaigns.





# VITAMIN A SUPPLEMENTATION PROJECT



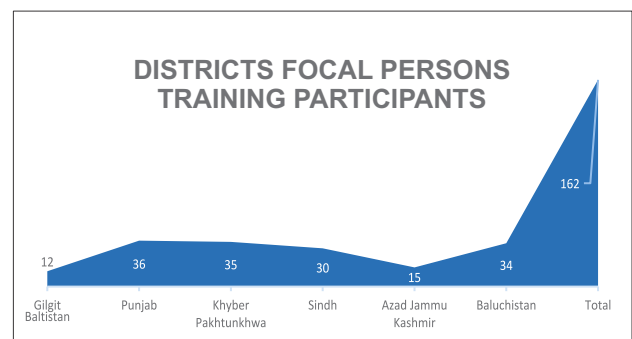
Vitamin A supplementation is a global health strategy to eliminate vitamin A deficiency and its tragic consequences. Since vitamin A can be stored in the body for a few months, two high-dose supplements per year are all that is required for young children.

## OUR APPROACH & SERVICES DELIVERY

Shifa Foundation implemented the Vitamin A Supplementation project in collaboration with NI and provided logistic and administrative assistance in the capacity building of DoH, as well as trained District Focal Persons at six sites, namely Gilgit, Lahore, Peshawar, Karachi, Muzaffarabad and Quetta. Vitamin A helps boost immunity and protects children under five from preventable diseases and blindness. Supplementing children under five with two doses of vitamin A per year reduces their chance of dying, reduces incidence of diarrhoea, and incrementally reduces the odds of child stunting.

The main aims of the Vitamin A Deficiency (VAD) program in Pakistan are to:

- Support the government with provision of donated Vitamin A Capsule (VAC) supplies through the In-Kind Assistance program.
- Provide technical assistance on a national level for the revision of key policies, guidelines and



strategy documents through participation in the VAS Technical Working Group.



## Impact

The project trained District Focal Persons (DFPs) of the Department of Health to reduce Vitamin A deficiency in a cost-effective manner while strengthening the monitoring system through a Task Force meetings.

# ESTABLISHMENT OF EARLY WARNING SYSTEM IN BADIN-SINDH

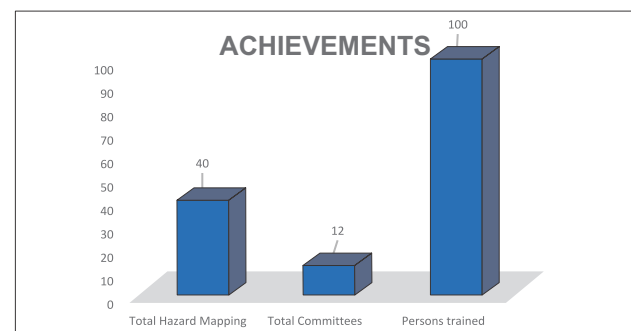


The objective of this project is to establish an efficient Early Warning System which would help to protect the target community from flood emergencies and disaster due to cyclones. In addition, this would also help the emergency response to respond timely.

## OUR APPROACH & SERVICES DELIVERY

Shifa Foundation has established an Early Warning System in Badin- Sindh with the support of Asian Preparedness Partnership (APP) to protect the disaster prone areas of the district from flood emergencies and disasters due to cyclone and climate change induced emergencies.

To reduce the impact of flood emergencies, 12 Disaster Risk Reduction (DRR) committees were established, 40 Village Hazard mappings were carried out, and 100 persons from the community were trained on the Early Warning System.



## Impact

Shifa Foundation established the Early Warning System in flood hazard villages of District Badin-Sindh and trained communities on Early Warning System to save precious lives.



# MATERNAL AND NEWBORN NUTRITION PROGRAM

LODHRAN, KHAIRPUR, JAMSHORO, SWABI



Pregnancy and the postnatal period are critical times for ensuring the health and wellbeing of women and their children. Anaemia during pregnancy is common and can have serious consequences for both the mother and child, including increased risk of low birthweight and preterm birth, as well as maternal and perinatal mortality. Optimal care and feeding of newborns helps ensure babies survive and sets the stage for healthy growth and development.

## OUR APPROACH & SERVICES DELIVERY

Shifa Foundation has implemented its Maternal and New-born Health and Nutrition Services program in Khyber Pakhtunkhwa, Sindh, and Punjab to support the provincial and district governments in strengthening government-led maternal, newborn, and child health as well as nutrition services.

The main focus of the project was to ensure IFA supplementation and reduction of anemia in pregnant women. The strategy aims to provide continuum of care from household to hospital with strengthening of referral and follow up systems, respectively, to address barriers in utilization of Iron Folic Acid (IFA) and increase compliance, improving

newborn survival through strengthening of Kangaroo Mother Care (KMC), support skill building and capacity development of government health functionaries, and piloting integration of family planning with nutrition. Major achievements of the project include:

- Established a KMC referral mechanism in all health facilities of project districts and linked with KMC units.
- Ensured them close monitoring and supportive supervisions to KMC units for smooth functioning at both health facilities with the support of District health authorities and hospital management.



## Impact

This program strengthened the government-led maternal, newborn and child health, and nutrition services at provincial and district level.





- Engaged SUNCSA members and CSOs for maternal anemia and built synergies in development partners in Lodhran.
- Promoted ownership of RMNCH program and involvement to initiate and execute all the MNHN activities.
- Involved CMW in KMC ward services
- Assigned designated KMC staff at DHQ Kotri KMC unit
- Strengthened coordination with the departments of Health, Education, Social Welfare, and District administration for smooth function of the MNHN interventions in all districts.
- At BKMC Swabi a dedicated nurse was allocated for the KMC unit.

## LIFESAVING NUTRITION ASSISTANCE FOR THE CHILDREN, PREGNANT AND LACTATING WOMEN UMERKOT



### OUR APPROACH & SERVICES DELIVERY

This project aims at capacity building healthcare providers at a district level to screen and treat acute malnutrition. At the community level the provision of nutrition, hygiene and health counselling and sensitization to communities and PLW/ child caretakers were grassroots level interventions of the project.

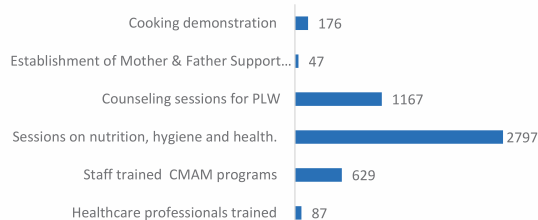
Strategies to improve Infant and Young Child Feeding (IYCF) are key components of the child survival to combat child morbidity and mortality.

The vital role of breastfeeding and complementary feeding are always considered as major factors in child survival, growth and development. The importance of breastfeeding as the preventive intervention has potentially the single largest impact on reducing child mortality. In addition, of the available nutrition interventions, improvement of complementary feeding has been shown to be most effective in improving child growth, and thereby, together with maternal nutrition interventions, to contribute to reducing stunting.

### Impact

Strengthened Department of Health through capacity enhancement of healthcare providers at provincial, districts, and sub-districts level.

### ACHIEVEMENTS



# COVID-19 TEST AND TREAT ADVOCACY IN PAKISTAN



We have the tools to defeat this pandemic, but in many areas of the world they are still not accessible to those who need them. Armed with learnings from the fight against HIV, we know that impact is best achieved when communities are empowered to advocate for patients to receive timely and appropriate test-and-treat services.

## OUR APPROACH & SERVICES DELIVERY

Shifa Foundation aims to develop robust and evidence-based advocacy strategies to create an enabling environment for increased access to and scaled-up use of COVID-19 testing & linkage to treatment in Pakistan by increasing access and uptake of COVID-19 testing and therapeutics.

The project aims to drive context-sensitive advocacy strategies supported by accessible advocacy and communication materials to increase awareness and prioritization of COVID-19 testing as a key element of the COVID-19 response as well as generate demand for testing at the community level.

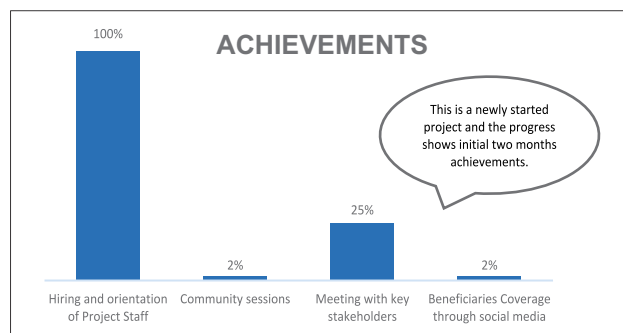
## Major activities of the project:

- Meeting with Parliamentarian and decision makers to improve access to COVID-19 testing.
- Community sessions with opinion leaders, social workers, and religious persons.
- Development and Dissemination of IEC Materials.
- Establishment of Digital Media Platform.



## Impact

Sensitized communities and supported government in mass awareness - raising regarding COVID-19 Test & Treat in remote areas.



# INTERACTION COMPETENCIES WITH CHILDREN FOR TEACHERS ICC-T



This project aims to bring a behavioral change in teachers and increase interaction competencies of teachers with children to prevent corporal punishment in schools. The behavioral change component of the project is comprised of a comprehensive package of 5 days teachers training, the follow-up after four months.

## OUR APPROACH & SERVICES DELIVERY

Figures from Aga Khan University Hospital in 2016 depicted that 1 in 4 Pakistanis i.e., around 50 million people were suffering from common mental disorders. Approximately 20 million children in our country needed attention from mental health practitioners. This is why it becomes so critical to raise awareness and take significant steps to address this problem because child abuse is the most important preventable risk factor for developing mental disorders as a child, as an adult and even in old age.

This project aims to bring a behavioral change in teachers to discourage corporal punishment in

schools and concentrate on mental growth of the children. At the initial stage this is a feasibility study which launched in eight schools of Sindh, AJK, Khyber Pakhtunkhwa, and Islamabad Capital Territory i.e. two schools in each region, and will be followed by a four year project aiming at reducing violent discipline and improving interaction skills of children.

### The achievements include;

- Teachers training completed in 6 schools of Islamabad, AJK and Sindh.
- 180 teachers of which 50% female teachers were trained and provided learning materials to adopt non-violent ways of teaching and concentrate on children mental growth.

## Impact

Discouraged corporal punishment in schools and enhanced interactive relationship between teachers and children.





## CENTRE OF PHILANTHROPY AND COMMUNITY SERVICES (COPCS)

Centre Of Philanthropy and Community Services (COPCS) aims to uplift and support underprivileged communities through involving potential donors, philanthropists and volunteers. One of the main functions of COPCS Department is the collection of funds and donations from reputable donor organizations, corporate companies, national and international philanthropists, and indigenous fundraising through volunteers. This report highlights the progress and achievements of the COPCS department during July 2021 to June 2022.

Through effective use of social media and other image building activities, COPCS reached out to over six million viewers. COPCS distributed food packages among 1,187 families (8,309 beneficiaries) through the feed the poor program, made available clean drinking water to 1,490 families (9,955 beneficiaries) through the installation of handpumps, and provided advance level treatment services to 109 patients at Shifa International Hospital.

Moreover, COPCS also enhanced coordination with various universities in Islamabad and Rawalpindi and engaged more than 50 volunteers in image building activities and fundraising during the Holy Ramadan and Qurbani Campaigns. Thousands of brochures were distributed among the public while a handsome amount of donations were also collected by volunteers.

During the reporting period, COPCS not only assisted thousands of needy people through food assistance, clean drinking water supply and treatment services at Shifa International Hospital but also enhanced coordination with potential donors like OGDCL, Rawalpindi Chamber of Commerce and Industry (RCCI), Islamabad Chamber of Commerce and Industry (ICCI), Save Mart Group, Medina Cash and Carry, and Grana Group. COPCS also signed an MoU with Rotary Club Islamabad Metropolitan and Rawalpindi Chamber of Commerce and Industry that will bring good support towards Shifa Foundation in the long run.

Along with the above-mentioned activities, COPCS also made efforts to further enhance the existing system, including;

- Strategy and procedures for treatment of underprivileged patients
- SOPs and tools for food distribution
- Redesigning of image building and marketing material
- Volunteers management
- Internship program

COPCS also organized and attended various training and orientation sessions for staff and volunteers to enhance their capacities and skills.

### DONORS AND STAKEHOLDERS ENGAGEMENT

Shifa Foundation values maintaining and further enhancing coordination with its stakeholders and donors. During 2021-2022, Shifa Foundation not only maintained good coordination with the existing donors and stakeholders but also establish partnership with new ones. COPCS engaged more than 30 major donors and corporate companies to establish long-term partnership to secure funds and collect donations for the continuation of its welfare services. Similarly, COPCS also remained in coordination with the ICT Administration, government line departments, and foundations.

### MEMORANDUM OF UNDERSTANDING BETWEEN SHIFA FOUNDATION AND ROTARY CLUB OF ISLAMABAD METROPOLITAN.



Shifa Foundation signed an MoU with Rotary Club Islamabad to establish partnerships and further enhance coordination and collaboration between both organizations for the welfare and development of needy people.

### MEMORANDUM OF UNDERSTANDING BETWEEN SHIFA FOUNDATION AND RAWALPINDI CHAMBER OF COMMERCE AND INDUSTRY -RCCI



The Rawalpindi Chamber of Commerce & Industry (RCCI) and Shifa Foundation (SF) intends to establish a professional-cum-philanthropic partnership to enhance coordination and collaboration between the two institutions for the welfare and development of needy people.

Both entities agreed to extend mutual support and signed an MoU.

### MEMORANDUM OF UNDERSTANDING BETWEEN SHIFA FOUNDATION AND SHAHEED ZULFIQAR ALI BHUTTO INSTITUTE OF SCIENCE AND TECHNOLOGY



MoU signed with Shaheed Zulfiqar Ali Bhutto Institute of Science and Technology (SZABIST) under which both organizations will promote volunteerism and utilize their services for the betterment of future of Pakistan. Mr. Taimoor Shah, COO Shifa International Hospital and member BoG Shifa Foundation also attended the ceremony and he urged the signing parties that the MoU should be transformed into action to help the most marginalized and under privileged people. Mr. Khusro Pervaiz Khan, head of SZABIST Islamabad campus, emphasized on the role of youth and students in community development and social uplift. He further added that SZABIST in collaboration with Shifa Foundation will strive for socio economic development of Pakistan.

### FUNDRAISING EVENT FOR COCHLEAR IMPLANT IN COLLABORATION WITH ENT DEPARTMENT, SHIFA INTERNATIONAL HOSPITAL

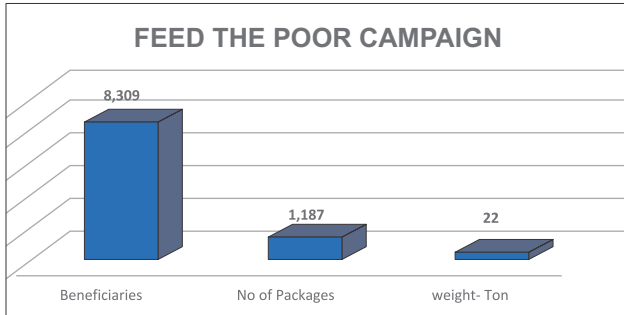
Shifa Foundation, in collaboration with the Consultants of ENT Department, organized a fundraising event to raise funds for Cochlear Implant for deserving identified patients at Shifa International Hospital on I-9 Panel.

### COMMUNITY SERVICES

COPCS aims to alleviate the sufferings of the most vulnerable communities and individuals by providing them timely and appropriate assistance based on their actual needs. The community services include Feed the Poor, clean drinking water supply, treatment of underprivileged patients, voluntary services, qurbani meat distribution and health awareness campaigns.

### FEED THE POOR PROGRAM

During the reporting period, food packages were distributed among 1,187 deserving families in Badin, Mardan, Hub (Karachi), Jhelum, Rawalpindi, and



Islamabad. This distribution was carried out to provide assistance in the form of food to reduce the financial burden of target beneficiaries. A total of 45 metric tons of food items were distributed during the reporting period that served 8,309 beneficiaries.

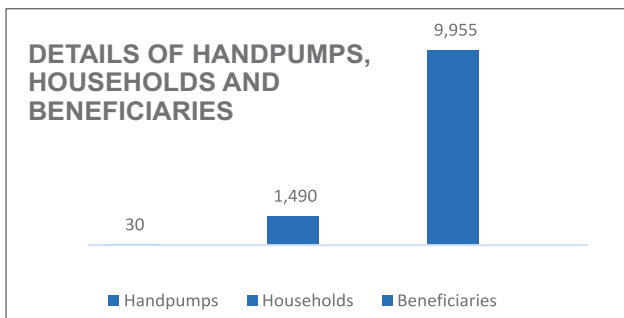
### SIP OF LIFE (CLEAN DRINKING WATER SUPPLY)

Water is life, yet in Pakistan it is running out. There is a water crisis in Pakistan because it is one of the top 17 countries that are water-stressed. There are several factors that have contributed to the water crisis in Pakistan, such as an upsurge in urban population, wastage of water for domestic use, mismanagement of water for agriculture, and, most importantly, climate change. Currently, 97 percent of the freshwater is used in the agriculture sector of Pakistan.



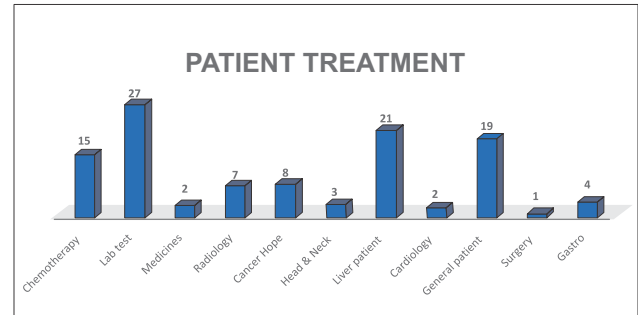
To provide fresh water to locals for drinking and domestic use, Shifa Foundation installs handpumps in the most vulnerable communities. Recently, Shifa Foundation installed handpumps in 30 needy communities of Thar & Umerkot that will cover 1,490 households and nearly 9,955 beneficiaries.

#### Details of Target Communities and Beneficiaries



### HEALTHCARE

Healthcare is one of the flagship programs of Shifa Foundation and it has been providing quality health services across the country, in collaboration with major international donors and government health department, to promote health and eliminate diseases.



COPCS; however, has a different role in healthcare within the Shifa Foundation. On one hand, it promotes a healthy life style through outreach health awareness campaigns, while on the other hand, it provides financial assistance to the underprivileged patients for their treatment at Shifa International Hospital.

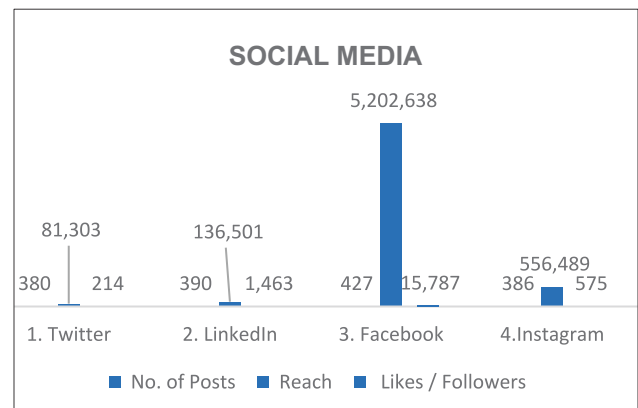
### TREATMENT OF UNDERPRIVILEGED PATIENTS IN SHIFA INTERNATIONAL HOSPITAL

The COPCS, in collaboration with the consultants of Shifa International Hospital, provides advanced level treatment services including liver transplant, kidney transplant, cancer, cataract surgery, and general treatment on Shifa Foundation's I-9 Panel.

During 2021-22, COPCS provided assistance to a total of 109 patients including lab tests, diagnostic imaging, radiotherapy, chemotherapy, surgeries and other services.

### DIGITAL MEDIA, IMAGE BUILDING AND MARKETING ACTIVITIES

During 2021-22, the COPCS also focused more on publicity and marketing of Shifa Foundation for wider image building. For this purpose, digital media was used as one of the most effective tools while other means were also used to promote the welfare services of the organization. Volunteers also played a pivotal role in image building activities. For the first



Social Media Channels	No. of Posts	Reach	Likes / Followers
1. Twitter	380	81,303	214
2. LinkedIn	390	136,501	1,463
3. Facebook	427	5,202,638	15,787
4. Instagram	386	556,489	575
<b>Total</b>	<b>1,583</b>	<b>5,976,931</b>	<b>18,039</b>

time, Shifa Foundation viewership on social media pages touched the highest number of above five million.

Volunteers distributed thousands of brochures and flyers on public places, malls, and educational institutions in the twin cities.

### PINK LADY BREAST CANCER AWARENESS CAMPAIGN

Pink Lady Breast Cancer Awareness Campaign is one of the major activities of Shifa Foundation that aims to spread awareness among the public about the importance of prevention, early detection, and timely treatment of Breast Cancer. Pink Lady Awareness Campaign highlights the miseries of those who, at any stage of life, have battled against Breast Cancer. Shifa Foundation strongly believes and advocates that early detection can save thousands of precious lives.



### HEALTH AWARENESS & OUTREACH CAMPS

Shifa Foundation arranged multiple free medical camps in different areas during the reporting year.

The purpose of these medical camps was to provide healthcare assistance to underprivileged



communities and vulnerable patients.

The patients were provided general checkups, physiotherapy services, diabetic tests, free medicine, and eye screening. These medical camps were supported by individuals and institutional donors.

### QURBANI CAMPAIGN

Every year, Shifa Foundation runs a Qurbani Campaign to collect donations from philanthropists and provide qurbani meat to those families who cannot afford to offer qurbani. During the last five years, Shifa Foundation, with the support of its generous donors, distributed more than 22.3 metric tons of qurbani meat among 53,000 beneficiaries in the most deprived regions of Pakistan.



During the Qurbani Campaign, Shifa Foundation raised PKR 3.3 Million, slaughtered 25 cows and 47 goats, and distributed 3.2 metric tons of qurbani meat among 8,295 beneficiaries in TharParkar, Rawalpindi, Islamabad, and SIH Employees, as well as 200 packs handover to Tameer-e-Millat Foundation.

#### Details of Meat Distribution and Beneficiaries.

Animals	No of Animals	Meat (Kg)	Beneficiaries
<b>Goats</b>	47	705	2,467
<b>Cows</b>	25	2,500	5,834
<b>Total</b>	<b>72</b>	<b>3,205</b>	<b>8,301</b>





## SHIFA CENTER OF PROFESSIONAL EXCELLENCE (SCOPE)

In 2015, Shifa Centre of Professional Excellence (SCOPE) was established under the umbrella of Shifa Foundation with the mission to be the nation's state of the art learning and training facility in education, innovation and research.



### OUR STRATEGIC FOCUS

- Growth
- Impact
- Collaborations
- Operations
- Excellence

### WHY SCOPE?

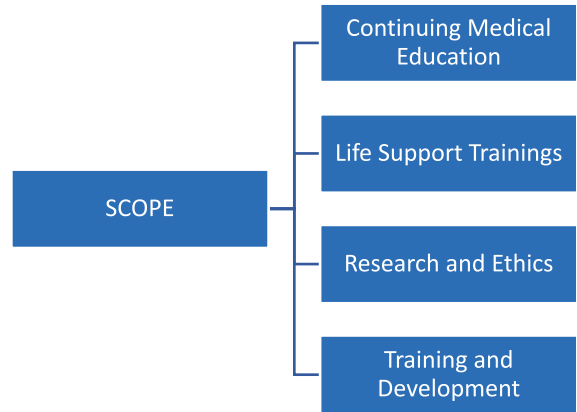
- Because we are catalysts
- Because of our learning environment
- Because our faculty inspires
- Because we are diversified



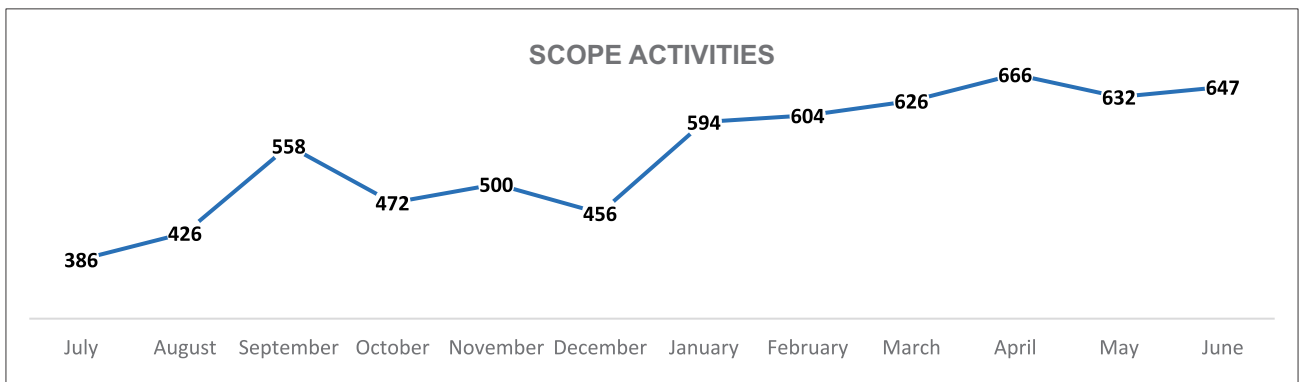


**OPERATIONAL PROGRAMS**

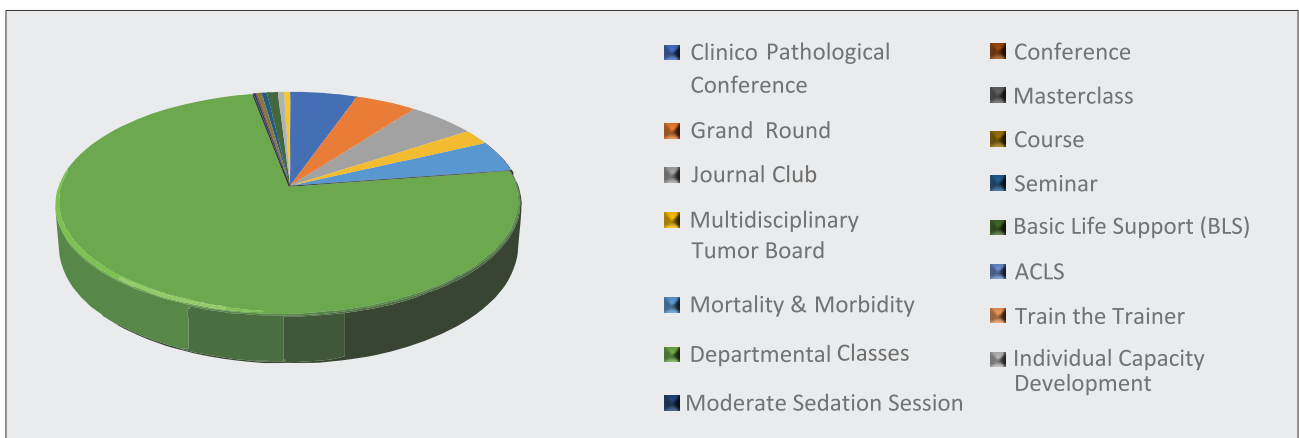
- Continuing Medical Education with the ultimate responsibility to update knowledge, skills and practices of healthcare teams.
- Life Support Trainings with the ultimate responsibility to provide the complete suite of Emergency Cardiovascular and Cardio-Pulmonary Resuscitation trainings.
- Research & Ethics with the ultimate responsibility to develop proposals and promote the research activities.
- Training and Development with the ultimate responsibility to bridge knowledge gaps by providing capacity building services and innovative solutions.



**ACTIVITIES DURING THE YEAR**



4 SECTION  
SCOPE



## GLIMPSES

- Basic Life Support Course
- NICU Masterclass
- 14th Annual Neurology Research Day – ANRD
- Management Of Hepatocellular Carcinoma: An Update.
- Thyroid Thermal Ablation - Workshop
- Antibiotic Awareness Seminar
- Vitamin-d Awareness Seminar
- Workshop On Laparoscopic Gynecological Surgical Skills
- Masterclass In Respiratory Therapy
- Neonatal Resuscitation Workshop
- Advancement In Gynecological Minimal Invasive Techniques
- Ultra Sound Guided Pain Interventions
- Nephrology And Dialysis – Workshop
- Ambulatory Care Infections
- Guest Lecture On The Spectrum Of Malignant And Nonmalignant Tumors Of Stomach, What Radiologists Need To Know About CT Cancer Staging; Pearls And Pitfall
- Importance Of Key Performance Indicators In Improving Pharmacy Practice
- Manuscript Writing - Webinar Series
- Randomized Control Trial
- Steps of Research Methodology: A Beginners Guide – Webinar Series
- Biostatistics
- Designing your research – stepwise guide
- Project Management Series
- Impact of COVID - 19 On Education Sector of Pakistan
- High Reliability Organizations (HROS) Vs Healthcare Organizations (HCOS)
- Instructional Scaffolding To Improve Critical Thinking And Clinical Reasoning Of Medical Students: Team Based Learning In An Online Synchronous Setup
- Non-invasive Ventilation – Workshop
- Administrative Fellowship Program
- Healthcare Quality and Administration Program
- Highlights of Basics of Medical Education - Course
- Jinnah’s Islamic Vision of Pakistan
- Basics of Marketing in Healthcare
- ICC-T Training: Interaction competencies with children for teachers
- Project Management Series
- Impact of COVID - 19 On Education Sector of Pakistan
- Administrative Fellowship Program
- Healthcare Quality and Administration Program
- Highlights of Basics of Medical Education - Course
- Jinnah’s Islamic Vision of Pakistan
- Basics of Marketing in Healthcare
- ICC-T Training: Interaction competencies with children for teachers
- Research Study - Perioperative Ischemic Evaluation-3 (POISE-3) - Clinical Trial
- Clinical Trial - Can Sino COVID Vaccine
- Clinical Trial – LIVZON
- Clinical Trial - Colchicine for The Prevention of perioperative Atrial Fibrillation in Patients Undergoing Thoracic Surgery (COP-AF)



## OUR ACADEMIC ACCREDITATIONS

- Growth
- Impact
- Collaborations
- Operations
- Excellence



**Accredited for 02 years**  
3<sup>rd</sup> ACCME Accredited Provider in Pakistan



**Accredited for 02 years**  
9<sup>th</sup> BLS Provider in Pakistan  
6<sup>th</sup> ACLS Provider in Pakistan – in process

# STAFF CAPACITY BUILDING INITIATIVE



## TRAINING ON COMMUNICATION SKILLS

Shifa Foundation conducted Training Needs Assessment for Head Office Staff where the Training on Communication Skills was identified as the top priority among other needs to enhance different skills and improve quality of work. Therefore, one day training on Enhancing Communication Skills was arranged in I-9 Conference Hall where all relevant staff members participated in the training session. The training session was facilitated by the Assistant Program Manager of Shifa Foundation as an internal resource to build the capacity of staff members.

The training was focused on communication related challenges, types of communication and the importance of written and unwritten communication. It was a full package of communication skills including:

- Formal and Informal communication
- Written and Unwritten communication
- Interpersonal and Intrapersonal communication
- Intrapersonal and extra personal communication
- Verbal and Non-Verbal communication
- Contextual and Non-Contextual communication

Multiple tools including presentations, participatory and interactive methods, questions & answers and group work method were used to address the communication gaps and build the capacity of staff members on professional communication.



## TRAINING WORKSHOP ON EFFECTIVE REPORT WRITING SKILLS

To build the report writing skills of Shifa Foundation core staff, the HR department organized a one-day training workshop on “Effective Report Writing Skills”. COPCS provided technical support to HR department in designing the training module and training facilitation.

The overall objective of the training was to increase the knowledge and conceptual understanding of the selected group on report writing skills.

The participants appreciated a concise, stimulating and well - delivered lecture followed by discussion. There were several learning exercises which were used during the training to energize the participants. The training was conducted in easy and simple language with a mix of English and Urdu for better understanding of the participants.

The participants were divided in small groups to encourage them to participate more actively. Group members showed active participation in providing feedback and their prompt adoption along with an understanding of the topic.

Staff from all departments of Shifa Foundation participated in the training session. It was a mixed group with the diversification of age, gender, experience, and designations within the organization. The participants appreciated the HR department for organizing training on such an important topic. They also appreciated the trainer’s participatory approach, and training methodology.

## STAFF CAPACITY BUILDING INITIATIVE

Shifa Foundation HR department organized a one-day staff orientation/training on the basics of finance. Internal Resource from Shifa Foundation - Finance Manager Mr. Tahir conducted the training session. The training objective was to train staff on non-financial basics finance and accounting and enhance their capacity on financial reporting and budgeting. All Head Office staff participated in the training session.



# SHIFA FOUNDATION

## FINANCIAL STATEMENTS FOR THE YEAR ENDED

JUNE 30, 2022

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**Grant Thornton Anjum  
Rahman**

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Islamabad, Pakistan.

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## Independent Auditor's Report to the Trustees

### Opinion

We have audited the financial statements of **Shifa Foundation** ("The Foundation"), which comprise the statement of financial position as at June 30, 2022 and the statement of income and expenditure, statement of comprehensive income, statement of changes in funds and reserves and cash flow statement for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of Shifa Foundation ("the Foundation") as at June 30, 2022, and its financial performance and its cash flows for the year then ended in accordance with approved accounting and reporting standards as applicable in Pakistan.

### Basis for opinion

We conducted our audit in accordance with The International Standards on Auditing (ISAs) as applicable in Pakistan. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of The Foundation in accordance with the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants as adopted by the Institute of Chartered Accountants of Pakistan (the Code), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Responsibilities of Management and Those Charged with Governance for the Financial Statements

The management is responsible for the preparation and fair presentation of the financial statements in accordance with the approved accounting and reporting standards as applicable in Pakistan, and for such internal control as the management determine(s) is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, Management is responsible for assessing The Foundation's ability to continue as going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate The Foundation or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing The Foundation's financial reporting process.

### Auditor's Responsibilities for the Audit of the Financial Statement

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with



ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of the material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of The Foundation's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on The Foundation's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause The Foundation's to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



**GRANT THORNTON ANJUM RAHMAN**  
Chartered Accountants

Engagement Partner: Hassan Riaz  
Islamabad


Dated: December 19, 2022

UDIN: AR202210164ccPtyIOBK


**SHIFA FOUNDATION**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT JUNE 30, 2022**

	Note	2022	2021
		(Rupees)	
Operating fixed assets	4	11,620,722	8,738,749
Long term investments	5	187,437,669	134,330,067
Loan to subsidiary - unsecured	6	4,316,029	-
		<u>203,374,420</u>	<u>143,068,816</u>
<b>CURRENT ASSETS</b>			
Receivable from donors	7	41,219,946	17,528,320
Receivable from related parties - unsecured	8	3,573,650	685,938
Advances, deposits and other receivables	9	6,531,832	10,311,320
Investment in term deposit receipts	10	25,953,630	-
Advance income tax (net of provision)	11	41,632,131	24,867,676
Cash and bank balances	12	143,354,044	121,017,293
		<u>262,265,233</u>	<u>174,410,547</u>
<b>TOTAL ASSETS</b>		<u><u>465,639,653</u></u>	<u><u>317,479,363</u></u>
<b>FUNDS</b>			
Unrestricted funds	13	75,100,481	15,204,748
Revaluation reserve	15	86,114,390	91,949,765
		<u>161,214,871</u>	<u>107,154,513</u>
<b>NON CURRENT LIABILITIES</b>			
Restricted funds	14	241,908,438	122,231,690
Deferred tax liability	23	-	13,541,813
<b>CURRENT LIABILITIES</b>			
Creditors, accrued and other liabilities	16	62,516,344	74,551,347
<b>TOTAL LIABILITIES</b>		<u>304,424,782</u>	<u>210,324,850</u>
<b>TOTAL FUNDS AND LIABILITIES</b>		<u><u>465,639,653</u></u>	<u><u>317,479,363</u></u>
<b>CONTINGENCIES AND COMMITMENTS</b>	17		

The annexed notes from 1 to 27 form an integral part of these financial statements.

  
 \_\_\_\_\_  
 Trustee


96


  
 \_\_\_\_\_  
 Trustee

**SHIFA FOUNDATION**  
**STATEMENT OF INCOME AND EXPENDITURE**  
**FOR THE YEAR ENDED JUNE 30, 2022**

	Note	2022			2021
		Unrestricted funds	Restricted funds	Total funds	Total funds
(Rupees)					
<b>INCOME/RECEIPTS</b>					
Grants and voluntary contributions	18 & 14.1	40,339,376	371,501,376	411,840,752	416,831,717
Income from training		12,853,714	-	12,853,714	10,869,508
Other income	19	90,858,981	-	90,858,981	64,497,955
		<b>144,052,072</b>	<b>371,501,376</b>	<b>515,553,448</b>	<b>492,199,180</b>
<b>EXPENDITURE</b>					
Salaries, allowances and other benefits	20	34,649,868	120,270,024	154,919,892	222,110,907
Medical assistance		1,259,216	29,241,728	30,500,944	25,576,545
Rent		863,432	5,169,723	6,033,155	16,399,427
Printing and stationery		2,815,768	1,339,972	4,155,740	6,883,552
Supplies		918,854	5,192,457	6,111,311	19,116,190
Travelling and conveyance		3,434,063	71,348,451	74,782,514	69,937,811
Utilities & communication		1,919,671	3,796,612	5,716,283	15,767,594
Media/advertisement expenses		1,408,341	5,780,678	7,189,019	4,077,605
Auditor's remuneration		550,000	-	550,000	500,000
Training, workshops & consultancy charges		4,436,286	29,334,627	33,770,913	14,493,775
Advocacy & awareness		14,814	28,828,896	28,843,710	658,603
Capacity building		-	57,106,093	57,106,093	1,103,853
Legal and professional charges		1,845,062	-	1,845,062	580,000
Repair and maintenance		192,915	441,231	634,146	242,910
Project expenses		2,294,596	4,637,608	6,932,204	16,520,568
Fee and subscription		3,281,189	-	3,281,189	2,578,480
Bank charges		216,634	9,699	226,333	453,086
Advances written off	9.1	1,420,668	-	1,420,668	653,591
Provision for doubtful receivables	8.1	4,972,421	-	4,972,421	-
Depreciation	4	2,384,925	-	2,384,925	1,937,110
Donations	18.1	10,388,274	4,355,356	14,743,630	29,683,652
Foreign exchange loss		-	-	-	111,764
Miscellaneous		2,067,467	4,648,221	6,715,688	6,108,583
Expenditure for the year		<b>81,334,463</b>	<b>371,501,376</b>	<b>452,835,839</b>	<b>455,495,606</b>
<b>Surplus before taxation</b>		<b>62,717,609</b>	<b>-</b>	<b>62,717,609</b>	<b>36,703,573</b>
Taxation	22	(2,821,876)	-	(2,821,876)	(9,985,438)
<b>Surplus after taxation</b>		<b>59,895,733</b>	<b>-</b>	<b>59,895,733</b>	<b>26,718,135</b>

The annexed notes from 1 to 27 form an integral part of these financial statements.

  
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 Trustee


  
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**SHIFA FOUNDATION**  
**CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED JUNE 30, 2022**

	2022	2021
	Rupees	
<b>CASH FLOWS FROM OPERATING ACTIVITIES</b>		
Surplus before taxation	62,717,609	36,703,573
<b>Adjustments for:</b>		
Depreciation of property, plant and equipment	2,384,925	1,937,110
Gain on disposal of fixed assets	(509,836)	-
Dividend from NIT	(169,407)	(169,407)
Dividend from SIHL	(872,025)	-
Excess restricted funds recognized as income	(22,051,561)	(15,924,115)
Management fee income	(41,181,132)	(31,843,010)
Expenditure paid from restricted funds	(371,501,376)	(385,897,432)
<b>Operating cash outflow before changes in working capital</b>	<b>(371,182,802)</b>	<b>(395,193,281)</b>
<b>Changes in working capital:</b>		
<b>(Increase)/decrease in current assets:</b>		
Receivable from donors	17,528,320	19,474,605
Loan to subsidiary	(4,316,029)	-
Due from related party	(2,887,712)	17,207,698
Investment in TDR	(25,953,630)	-
Advances, deposits, prepayments and other receivables	3,779,489	7,373,881
<b>Increase/(decrease) in current liabilities:</b>		
Creditors, accrued and other liabilities	(12,035,003)	(13,805,725)
Cash generated from operations	(23,884,565)	30,250,459
Restricted funds received	513,190,871	493,084,104
Income tax paid	(16,901,715)	(19,157,627)
<b>Net cash generated from operating activities</b>	<b>101,221,789</b>	<b>108,983,655</b>
<b>CASH FLOWS FROM INVESTING ACTIVITIES</b>		
Capital expenditure on operating fixed assets	(6,138,058)	(392,081)
Investment in SIHT	(75,000,000)	-
Cash proceeds from disposal of assets	1,380,996	46,838
Dividend received from SIHL	872,025	-
Net cash used in investing activities	(78,885,038)	(345,243)
<b>CASH FLOWS FROM FINANCING ACTIVITIES</b>		
Lease payment	-	(875,830)
Net cash (used in) financing activities	-	(875,830)
Net increase in cash and cash equivalents	22,336,751	107,762,582
<b>Cash and cash equivalents at the beginning of the year</b>	<b>121,017,293</b>	<b>13,254,711</b>
<b>Cash and cash equivalents at the end of the year</b>	<b>143,354,044</b>	<b>121,017,293</b>

The annexed notes from 1 to 27 form an integral part of these financial statements.

  
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 Trustee

## **LIST OF ACRONYMS**

AAP	Accelerated Action Plan
ANC	Anti-Natal Care
CHW	Community Health Worker
CMAM	Community based Management of Acute Malnutrition
CME	Continuous Medical Education
COPCS	Centre of Philanthropy and Community Services
COVID	Corona Virus Disease
GB	Gilgit Baltistan
IFA	Iron Folic Acid
IT	Information Technology
KAP	Knowledge Attitude and Practice
KMC	Kangaroo Mother Care
KP	Khyber Pakhtunkhwa
LHW	Lady Health Worker
LiST	Life Support Training
MHPSS	Mental Health and Psycho Social Support
MNP	Micro Nutrient Powder
NI	Nutrition International
ODF	Open Defecation Free
OTP	Outpatient Therapeutic Program
PLW	Pregnant and Lactating Women
PPE	Personal Protection Equipment
SCOPE	Shifa Centre of Professional Excellence
SDG	Sustainable Development Goal
SF	Shifa Foundation
T & D	Training and Development
TT	Tetanus Toxoid
UNDP	United Nation Development Program
UNICEF	United Nation International Children Emergency Fund
WASH	Water Sanitation and Hygiene
WFP	World Food Program
WHO	World Health Organization



Shifa Foundation is a registered organization under society act 1860 with Registration Number RS/ICT/142

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