

SHIFA FOUNDATION MAKING AN EFFORT

Since its inception in 1991, Shifa Foundation has been providing support to the underprivileged & marginalized communities across the country including Khyber Pakhtunkhwa, Punjab, Sindh, Baluchistan, Azad Jammu Kashmir, and Gilgit Baltistan. Over the course of thirty years, the assistance provided by Shifa Foundation has made a significant and enduring impact on the lives of vulnerable and marginalized communities. Through their efforts in areas such as nutrition, health, water sanitation and hygiene, emergency relief, and food aid, Shifa Foundation has been able to reach out to over 13 million people.

In addition to the ongoing work, Shifa Foundation has implemented the "Feed the Poor" program, which provides support to families in need. Their commitment to reaching out to previously underserved communities during times of crisis has further strengthened their humanitarian response efforts.

FOLLOW US:

-  @ShifaFoundation
-  @shifafoundation
-  www.facebook.com/shifafoundation
-  www.youtube.com/c/ShifaFoundationpakistan
-  info@shifafoundation.org

Transforming Healthcare Experience Through Safe Clinical Systems & Advanced Communication

We recently hosted a series of expert workshops with the theme “Transforming Healthcare Experience Through Safe Clinical Systems And Advanced Communication.” Over the course of two days, our distinguished guest speakers from the UK shared their wealth of knowledge, experience, and insights on topics such as safe clinical systems and governance, spotting a sick child, principles of palliative care, and advanced communication for inter-professional collaboration.



The audience, comprised mostly of healthcare professionals was thoroughly engaged and learned a great deal from the presentations.



Leadless Cardiac Pacemaker: Indications & Selection of Patients

A hybrid session was organized to understand the cardiac pacemaker technology and learn about the indications for implantations of this type of pacemaker.



Dr. Liaqat Zaman, Consultant Cardiac Electrophysiologist, Shifa International Hospitals Ltd, Islamabad. The Leadless Cardiac Pacemaker is a small, self-contained device that is implanted directly into the heart, providing reliable and effective pacing therapy. It is ideal for patients who need a pacemaker but want to avoid the potential complications associated with traditional pacemakers.

This cutting-edge technology is especially beneficial for younger patients, who will need a pacemaker for many years to come. It is also ideal for patients who are at high risk of complications from traditional pacemaker implantation, such as those with a history of infection or bleeding.

Maternal And Newborn Nutrition Program

Shifa Foundation's Maternal, New-born Health and Nutrition Services is a nutrition-focused initiative being implemented across six districts in four provinces, including Lodhran, Khairpur, Jamshoro, Swabi, Quetta, and Ziarat. Its primary goal is to improve the nutritional status of malnourished mothers during and after pregnancy, with a particular focus on addressing perinatal and postnatal anemia through the provision of IFA supplements.

The program also aims to improve newborn survival rates by strengthening Kangaroo Mother Care (KMC), referral systems, medical care services, and skills training. With funding from Nutrition International, the program also supports the capacity development of government health functionaries and the integration of family planning with nutrition, with the aim of strengthening government-led maternal, newborn, and child health and nutrition services in Khyber Pakhtunkhwa, Sindh, Punjab, and Baluchistan. We remain committed to working tirelessly to ensure that every child in Pakistan can lead a healthy and fulfilling life.

Highlights of the month

- A manual contextualization workshop in District Swabi was conducted,
- **Safe delivery kits** were distributed to BEmOC centers in District Swabi and Lodhran,
- A weekly iron folic acid supplementation program for school-going adolescent girls was launched,
- A CasCade training session on Iron folic acid (IFA) supplementation was conducted,
- **ToTs (Training of Trainers)** sessions on IFA adherence were held for WWOs/LHVs, CMWs, and LHWs,
- Supply chain management training for team was provided to ensure efficient delivery of our services,
- District advocacy seminar in Lodhran to raise awareness about maternal and newborn health was organized.



3rd Annual Nephrology & Dialysis Symposium

3rd Annual Nephrology & Dialysis Symposium was organized by Shifa Center of Professional Excellence (SCOPE) under the leadership of Dr. Danyal Hassan, Consultant Nephrologist, Shifa International Hospitals Ltd, Islamabad. In his opening remarks, Dr. Manzoor H. Qazi, CEO, SIHL, appreciated the efforts of the organizers.



Our objective was to help healthcare providers familiarize themselves with the basics of dialysis and kidney diseases and acquire new updates on GN and renal transplantation. We had an outstanding lineup of speakers who shared their expertise and knowledge on the latest advancements in the field. The attendees engaged in stimulating discussions and gained valuable insights that will help them provide better care to their patients.



Advanced Endoscopy Workshop



Advanced Endoscopy Workshop offered hands-on training and education on the latest techniques and technologies in endoscopy under the leadership of Dr. Muslim Atiq, Consultant Gastroenterologist, Shifa International Hospitals Ltd, Islamabad. This workshop was designed to provide in-depth knowledge and practical skills for gastroenterologists and other healthcare professionals involved in endoscopy procedures. Through interactive lectures, case studies, and live demonstrations, participants learned advanced techniques such as endoscopic submucosal dissection (ESD), endoscopic retrograde cholangiopancreatography (ERCP), and endoscopic ultrasound (EUS). This workshop was an excellent opportunity to enhance your skills, improved patient outcomes, and stay up-to-date on the latest advancements in endoscopy.

Integrated Flood Response in Affected Districts of Balochistan

Shifa Foundation is more than just a water and sanitation provider. We are committed to responding to emergencies and delivering life-saving aid to restore hope for affected communities. Therefore, we have collaborated with UNICEF for integrated flood response services in three Baluchistan districts: Naseerabad, Jaffarabad, and Sohbatpur.

Given the inaccessibility of affected areas, rapid response is crucial to save lives, restore essential services, and ensure sustainable recovery. Our field team manages outreach activities such as household assessments and case identification using MAUC Screening. Severely Acute Malnourished (SAM) cases are referred to the outreach therapeutic centers (OTPs) managed by Nutrition Directorate, UNICEF, PPHI, and Health Department, where children receive Ready to Use Therapeutic Food (RUTF) supplements and other necessary services. Moreover, our team provides counseling to beneficiaries regarding nutrition, hygiene, drinking water, sanitation, and healthcare.

Highlights of the month

- Screening for malnutrition identified **40,749** children aged 6-59 months (6,382 boys and 6,458 girls had moderate acute malnutrition (MAM), while 50 boys and 65 girls had severe acute malnutrition (SAM) with complications),
- **1,764** boys and **1,007** girls aged 6-59 months were identified with severe acute malnutrition (SAM) without complications,
- **1,896** boys and **2051** girls with SAM received RUTF ready-to-use therapeutic food,
- **1,0431** children aged 6 to 59 months received multiple micronutrient powders,
- **1,488** received Iron Folic Acid (IFA) / Multi Micronutrient Tablet (MMT) and **826** adolescent girls received MMT,
- **966** primary caregivers of children aged 0 to 23 months received infant and young child feeding counseling,
- **410** pregnant and lactating women were screened for malnutrition,
- **45** functional OTP sites currently providing nutrition services to the community,
- **167** pregnant and lactating women were identified with moderate acute malnutrition, indicating the continued need for targeted interventions to support the health and wellbeing of vulnerable groups.



Introduction to Esophageal Manometry

Dr. Imran Lashari Balouch, MD, Associate Professor, University of Illinois, USA, spoke on "Introduction to Esophageal Manometry" at a webinar hosted by Shifa Center of Professional Excellence (SCOPE). The session was enlightening and interactive, moderated by Dr. Maaz Bin Badshah, Consultant Gastroenterologist, Shifa International Hospitals Ltd, Islamabad. Dr. Balouch explored the basics of esophageal manometry and its implication in our hospital settings. He helped us understand the approach to a patient with achlasia and its management. His talk broadens the perspective about manometry.



Premier of Biostatistics for Healthcare Providers Using SPSS -06 Month Course

Shifa Center of Professional Excellence (SCOPE) and Shifa Clinical Research Center (SCRC), Shifa International Hospitals, Ltd. Islamabad has jointly organizing a 06 months course; Premier of Biostatistics For Healthcare Providers Using SPSS at Shifa International Hospitals, Ltd. Islamabad.

This course is comprised of sub-topic including; summary of Statistics, basic Probability concepts and probability distributions, sampling procedures and distribution, Hypothesis testing: One sample, two samples and ANOVA, Regression and correlation, Analysis of categorical data, Non-parametric tests, Logistic regression, Survival analysis, and Reliability and validity tests. This course is distributed to lectures being offered once in a week for an hour.

Dr. Nazeer Khan, Professor, Biostatistics & Director, Office of Research and Innovation Center (ORIC), Shifa Tameer-e-Millat University, Islamabad is the Course Director who has more than 35 years of experience in in teaching biostatistics in USA, Saudi Arabia and Pakistan.

The key objective of designing this course is to facilitate participants, especially postgraduates, & consultants in enhancing their knowledge of basic biostatistics in analyzing research data using different test present in SPSS software.



Pakistan ECHO Flood Response Fair Mirpurkhas

With the support of Care International, Shifa Foundation is carrying out the Pakistan Echo Flood Response Fair Project in the Mirpurkhas district, SINDH. The project has been specifically designed to provide prompt and essential assistance to the population affected by the floods.

Its objective is to enhance the living conditions of the communities affected by the floods in the targeted district by addressing their immediate needs which include the provision of cash grants, temporary pit latrines, health and hygiene promotion sessions, distribution of hygiene kits and temporary shelter kits, and the establishment of child and women-friendly spaces. The project also includes assistive devices and solar lights and aims to strengthen the referral mechanism for vulnerable people in the targeted district.

Highlights of the month

- **50** household level latrines were installed,
- **3,000** Most Pressing Critical Assistance (MPCA) cash grants were distributed, 25,000 PKR each.
- **1,500** health and hygiene kits & 1500 Jerry cans were distributed,
- **3,700** Aqua Tabs were distributed,
- **150** temporary shelter kits were distributed & 15 assistive devices were provided,
- **100** health and hygiene awareness sessions were conducted,
- **250** solar lights were distributed,
- **1** child-friendly space/women-friendly space was established,
- Obtained project **NOC** approval from PDMA and District Level,
- Established a gender-balanced Local Beneficiary **Selection Committee**.



BISP Nashonuma Programme Baluchistan

Shifa Foundation, in collaboration with the World Food Programme (WFP), is leading a groundbreaking initiative in Baluchistan, spanning across seven districts including Quetta, Killah Saifullah, Naseerabad, Sohbatpur, Jaffarabad, Sherani, and Zhob. This program, known as the BISP Nashonuma Project, has been designed to combat stunting in pregnant and lactating women, as well as children under 23 months. Through a combination of innovative interventions, such as awareness sessions, provision of specialized nutrition foods, antenatal and postnatal care services, routine child growth monitoring, and immunizations, the project aims to improve maternal, infant, and young child nutritious and hygiene practices. The program is also unique in that it includes cash transfers provided by Kafalat, in addition to the other specialized interventions.



Highlights of the month

- **2,268** beneficiaries registered in BISP Nashonuma Program,
- **1,384** beneficiaries were referred to NADRA,
- **1,866** beneficiaries have completed their follow-ups,
- **3,127** beneficiaries have received SNF from the program,
- **267** beneficiaries registered in the TSFP program,
- **2,141** beneficiaries have been discharged from the BISP program.

Reduction of Stunting and Malnutrition- Sindh

Shifa Foundation is implementing a Nutrition Specific project funded by AAP in Umerkot, Khairpur, and Tharparkar districts to make a positive impact on the lives of children in Pakistan. The project aims to reduce stunting in under-five children, pregnant and lactating women, as well as adolescents in Sindh. To achieve this, the project screens under-five children and PLW to determine their malnutrition status, and provides nutrition support through the provision of MNPs, IFA, and referral to OTP sites. Pregnant women are also referred to health facilities for safe deliveries. Through this project, Shifa Foundation has been able to provide nutritional support in the form of MNPs, IFA, and referral to safe delivery sites.

Highlights of the month

- **27,103** children and 9,773 PLW were screened,
- **4,741** children were referred for immunization,
- **2,748** Mother Support Group meetings were conducted,
- **1,374** Father Support Group meetings were conducted,
- **349** awareness sessions on Iodized salt were conducted,
- **206** sessions on IYCF were conducted.



Advances in the Management of Empyema: Medical Perspective and Role of Uniportal VATS



The seminar was curated by activity directors, Dr. Syed Murtaza Hassan Kazmi - Consultant Pulmonologist (SIHL), and Dr. M. Ashgar Nawaz - Consultant Cardiothoracic Surgeon (SIHL), with the aim of updating healthcare providers' skills using globally applied methodologies.

Both activity directors presented the latest evidence in modern day management of Empyema in pulmonology and thoracic surgery.

Dr. Aftab Akhtar - Consultant Pulmonologist (SIHL) & Section Head Pulmonology (SIHL) along with Dr. Khalid Rasheed - Consultant Cardiothoracic Surgeon (SIHL), welcomed the participants and appreciated the efforts of activity directors and organizers.

The seminar featured distinguished experts in the field, including Dr. Salman Bashir Wani - Consultant Neonatologist (SIHL), who presented the latest developments in the field, such as new treatments, research findings, and technological advancements. Dr. Naveed Rashid - Consultant Infectious Diseases (SIHL), who provided valuable insights in the management of this challenging disease.

In his closing remarks, Dr. Zeeshan Bin Ishtiaque, Chief Medical Officer, Shifa International Hospitals Ltd, emphasized the importance of prioritizing top-quality care for patients. Dr.

Ishtiaque's concluding remarks were imbued with a message of hope, encouraging healthcare professionals to continue striving for excellence in patient care.



Integrated Assistance to Flood-Affected Communities (Sindh)

Shifa Foundation, in collaboration with UNICEF, is implementing an "Integrated Flood Response project" to provide Health, Nutrition, and Child Protection services to the flood-affected population in multiple districts, including Umerkot, Mirpur Khas, Sanghar, Naushahro Feroze, and Shaheed Benazir Abad. Our objective is to provide essential resources and assistance to the affected population in these districts to help them cope with this crisis. Shifa Foundation is working to support the flood-affected population by providing the necessary aid and services.



Highlights of the month

Children:

- **65,766** children were screened,
- **6,233** Severe Acute Malnutrition (SAM) cases were identified & admitted,
- **55,754** children (6-59 months) reached and consumed multi-micronutrient powder (MNP) as per protocol,
- **22,620** children were dewormed.

Pregnant and Lactating Women (PLW):

- **26,726** PLW were screened & 6435 PLW were identified,
- **18,625** PLW given Iron and Folic Acid (IFA) supplements,
- **9,793** PLW were dewormed,
- **11,262** Adolescent Girls were given IFA supplements,
- **5,720** Adolescent Girls were dewormed.

Health and Nutrition:

- **56,856** Primary Health Centers (PHC),
- **4,476** children were immunized for routine vaccination,
- **7,723** Antenatal Care (ANC) & **3,007** Postnatal Care (PNC) checkups,
- **1,304** women referrals for delivery,
- **346** deliveries assisted at health facility,
- **502** Clean Delivery Kits (CDK) were distributed,
- **326** Newborn Kits were distributed,
- **3,854** cases of Diarrhea were treated, **286** cases of Dysentery, **11,706** cases of Acute Respiratory Infection/Pneumonia (A.R.I./Pneumonia), **601** cases of Malaria. **1** case of dengue, **9,559** cases of deworming, **3,959** cases of skin disorder & **13,830** cases of other diseases were treated.

Pediatric Resuscitation Course



Shifa Center of Professional Excellence (SCOPE) recently organized a two-day Pediatric Resuscitation Course, with the aim of improving pediatric care to meet world-wide accepted standards. This hands-on demonstration was an excellent opportunity for participants to update their skills and performances in terms of resuscitation.

Throughout the course, participants gained a comprehensive understanding of the scientific basis for pediatric resuscitation recommendations based on current science guidelines. They also recognized the critical role of team dynamics on overall team performance, which is crucial when working in a high-pressure environment.



Child Protection & MHPSS (Mental Health & Psychosocial Support)

Shifa Foundation and UNICEF worked together to carry out a project aimed at providing Child Protection, Mental Health, and Psychosocial Services to the people affected by floods in Districts Umerkot, Mirpurkhas, Sanghar, and Naushero Feroz (SINDH). The primary objective of the project was to set up referral pathways for children and adolescents who have experienced trauma, as well as establish support groups for parents and other family members, with the purpose of providing psychosocial support services.

Highlights of the month

- **6** safe spaces were created & **5,811** beneficiaries accessed safe spaces,
- **14 recreational kits** & **771 PSS kits** were distributed,
- **25** front line workers were trained on child risk and referral pathway,
- **7,000** beneficiaries were reached with information on MHPSS,
- **17** beneficiaries accessed PSEA reporting mechanism,
- **5,811** individuals participated in group-based psychosocial activities,
- **8,217** girls, boys, and caregivers accessed mental health and psychosocial support,
- **25,641** women, girls, and boys accessing GBV risk response, risk mitigation, and prevention services.

Care International Monsoon Flood Emergency Response 2022, DISTRICT MIRPURKHAS 2022

Shifa Foundation and Care International are working together to provide emergency relief to people affected by flooding in Tehsil Jhuddo, one of the worst-affected areas of District Mirpurkhas in Sindh, Pakistan. The project aims to distribute food, non-food items, hygiene kits, and shelter to those impacted by the flooding.

Highlights of the month

- **2,150** food baskets distributed to orphans, PWD, widows, and people with single source of income,
- **2,150** Shelters kits with Tarpaulin Sheets were distributed,
- **2,150** Hygiene kits were distributed.



Self-employment of Women in Private Health Sector: Training of DoHs Staff e-Learning

A joint project on Self-employment of Women in Private Health Sector: Training of DoHs Staff e-Learning by Shifa International Hospitals Ltd., Shifa Center of Professional Excellence-SCOPE, Shifa Foundation and GOPA Worldwide Consultants sponsored by KFW Development Bank aimed to train nominated health professionals from various government hospitals of Punjab and KP Districts.

Shifa Center of Professional Excellence (SCOPE) has been tasked with developing need-based educational interventions in the following four modules:

1. Integrated Care, Continuum of Care.
2. Commodity Security and Efficient Supply Chain Mechanism.
3. Responsiveness To and Mainstreaming of Gender and Under Representation Consideration.
4. Essential/Basic Packages of Health Services at Community and Primary Health Care Level.

Shifa Life Support Training Center –LiST

Shifa Life Support Training Center –LiST is pleased to share the renewal of BLS Instructorship of eight (08) Instructors being monitored by Training Center Faculty-TCF, Dr. Fouzia Sultana.

Dr. Sultana is currently serving as Assistant Professor of Medical Education and Training Center Faculty-TCF at Shaheed Zulfikar Ali Bhutto Medical University, Islamabad.



Guest lecture:

Manuscript writing in Research



A joint webinar by Shifa Tameer-e- Millat University and Shifa Center of Professional Excellence-SCOPE organized a virtual lecture on manuscript writing in Research in February 09, 2023.

Prof. Dr. Dimitri Mikhailidis, a Guest Speaker delivered this talk. Prof. Dr. Fouzia Sadiq (ORIC-STMU) and Dr. Waqar Rabbani- Shifa School of Medicine) moderated this event in the presence of around hundred participants form different institutes of Pakistan, Singapore, Netherlands, and UK etc.

Purpose of conducting this webinar was to assist participants in understanding e basics of manuscript writing including its different types.

Flood Emergency and Restoration of WASH (Water, Sanitation & Hygiene) Facilities Of The Affected Population

The worst monsoon in Sindh's history caused extensive damage to infrastructure and human lives in 2022. Homes, public health facilities, water systems, and schools were severely affected.

The affected population urgently requires water, sanitation, and hygiene services. Shifa Foundation and UNICEF are collaborating on a project to restore WASH facilities in flood-affected areas of Umerkot and Sanghar districts, covering over 200,000 people across 200 villages. The project aims to achieve four primary outcomes: improving access to clean drinking water, basic sanitation, WASH facilities in healthcare and learning environments, and enhancing hygiene practices to reduce water-borne diseases. The WASH facilities will be climate-resilient to prepare for future floods.



Highlights of the month

- **WASH facility restored** in Government Primary School Jamshoro with toilet and handpump,
- **70** water user committees were established,
- **207** hand pumps identified for Chlorination and E-Coli Test,
- **6** Water tanks for water storage schools/communities were installed,
- **58** climate-resilient communal handpumps in communities were installed,
- **26** leadline handpumps with raised platform platform-Climate resilient were rehabilitated,
- **1** existing direct communal handpumps installed on raised platform.
- **127** pit emergency latrines installed at temporary learning centers (TLCs),
- **83** existing latrines at household and communal level were restored,
- **73** new raised improved latrines on cost sharing basis were constructed,
- **31** new latrines for people with disability were constructed,
- **73** Hygiene and Menstrual Hygiene sessions with Adolescent girls in Safe places and schools were conducted.
- **149** sessions were conducted on hygiene promotion including household water treatment options, MHH, DRR, climate change, climate resilient,

COVID-19 Test and Treat Advocacy in Pakistan



COVID-19 Test and Treat Advocacy, the project aims to mobilize and sensitize the intervention communities about COVID-19 testing, treatment, and vaccination in collaboration with FIND. The project also intends to encourage community members to establish close links with health facilities if they experience COVID-19 symptoms. Shifa Foundation is committed to reinforcing the execution of nationwide COVID-19 testing, treatment, and vaccination campaigns, with a particular focus on individuals at risk, including those who are not affiliated with any healthcare system.

Highlights of the month

- **40** community awareness sessions were conducted covering **1,113** community members,
- **125** posts were shared on social mediums
- reaching 4 million people,
- **3,000** IEC material were distributed.



Image Building and Visibility through Social Media

Shifa Foundation's social media posts had reached **28,536,619** people through different platforms.

Facebook		Instagram		Twitter		LinkedIn	
Posts	1,244	Posts	888	Posts	909	Posts	906
Likes	20,107,760	Likes	1,658	Likes	453	Likes	6,675
Reached	24,522,959	Reached	3,523,855	Reached	210,149	Reached	279,656

CENTRE OF PHILANTHROPY AND COMMUNITY SERVICES (COPCS)

COPCS department is working towards providing support and upliftment to underprivileged communities. Working closely with national and international donors, organizations, companies, and philanthropists is also crucial in expanding the department's reach and impact. The COPCS department's commitment to employ volunteer resources and financial donations from individuals and organizations to achieve its goals is vital in ensuring the sustainability of its initiatives. Overall, the COPCS department's efforts towards being a social and economic support system for underprivileged communities are essential in promoting social welfare and addressing socio-economic disparities.



FEED THE POOR (Food Packages Distribution)

Shifa Foundation aims to reach more families in need with the help of donors, and the program is an excellent way to address food insecurity among underprivileged communities.

The "Feed the Poor" program is an important initiative Shifa Foundation in Pakistan that provides monthly food packages to underprivileged families to meet their dietary needs. In February, **72 families** across several areas received **2.96 metric tons of food**, benefiting 504 individuals in Jhelum, Rawalpindi/Islamabad & Daman Hazroo.



HEALTH CARE

Shifa Foundation provides healthcare services to underprivileged individuals through restricted accounts and general donations at the Shifa Falahee Clinic and Shifa International Hospital.

The provision of free medical assistance to deserving individuals through the patient treatment panel at Shifa International Hospital is also a laudable effort towards ensuring access to healthcare services. In February, a total of **12 patients** with various diseases were supported through the patient treatment panel.



KASHMIR DAY

Along with celebrating World Cancer Day, Shifa Foundation showed support and solidarity with the Kashmiri people, by making it part of the awareness walk and displaying banners and play cards with solidarity slogans. Students of SCM also recorded their solidarity messages and showed their care, support, and solidarity with the Kashmiri people. Shifa Foundation stands with Kashmir and is strongly against the brutality of the Indian army and the government which Kashmiris have to face on daily basis. No matter what the political situation might be, every nation has the right to be independent. We honor this day to show the people of Kashmir that we stand by their side.








WORLD CANCER DAY CAMPAIGN

To contribute to the early detection and prevention of cancer, Shifa Foundation organized an awareness walk and session on February 4th, which is World Cancer Day. The theme of the event was "Close the Care Gap," and it was organized in collaboration with Shifa International Hospital and SCM. The event was sponsored by FIND, Salman Foods, LDS/GMS, Primo, and I-Sugar. The walk started at SIH Gate-10, and the participants included the Director General of CDA as Chief Guest, Managing Director of KRL Foundation as Guest of Honor, ex-cricketer Yasir Hameed, SIH officials, sponsors, doctors, the public, and volunteers.



FOLLOW US:

 @ShifaFoundation
 @shifafoundation

 www.facebook.com/shifafoundation
 www.youtube.com/c/ShifaFoundationpakistan
 info@shifafoundation.org

Address: Plot No. 210, Street No. 7, I-9/2, Islamabad - Pakistan.