

# ANNUAL REPORT 2018-19



**SHIFA  
FOUNDATION**

*making an effort*

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Pakistan Centre for Philanthropy

Shifa Foundation is a PCP (Pakistan Centre for Philanthropy) accredited organization; this accreditation is viewed as a gold seal in the philanthropic segments working across Pakistan. PCP is a non government body enhancing indigenous Philanthropy for social development in Pakistan.



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# WHO WE ARE?



In early 1990s', a group of medical consultants with philanthropic and development professionals laid the foundation of Shifa Foundation which was later on formally registered as non-governmental and Non-Profit National Organization in 1991 under the Societies Act of 1860 bearing Registration NO. RS/ICT/142 of 1991. Shifa Foundation aims to serve the underprivileged communities and unserved people based on the principles of mutual respect, devoid of all kinds of discrimination on the basis of caste, religion, gender or any other social or political identities.

Shifa Foundation provides countrywide humanitarian and development services with multi-disciplinary and multi-dimensional approaches to address the unmet needs of the communities. SF is accredited and certified by Pakistan Centre for Philanthropy (PCP) and Economic Affairs Division (EAD) and the services are valued by partners and funding agencies. During the past 28 years SF has assisted more than 7 million individuals in different thematic and geographical areas of Pakistan. Shifa Foundation has strict internal control mechanism to ensure quality of work, timeliness and performance through Compliance Unit. The basic role of Compliance Unit is to conduct risk assessments, internal audits and oversee projects implementation as per donor protocols. Compliance Unit also ensures that policies are formulated, followed and updated as and when required.

SF endeavors to create an enabling environment for deprived children, women, families and underprivileged communities to realize their fundamental rights to health, education, livelihood, and citizenship with dignity. Within this spectrum, it works in different thematic areas including MNCH, Nutrition, Child protection & GBV, Food Security & Livelihood (FSL), Disaster Risk Reduction (DRR) CBDRM, Infrastructure Development, Water, Sanitation & Hygiene (WASH) and Education to assist and improve the life styles of communities.

Shifa Foundation has strong community acceptance and donors trust due transparency of work and demonstrated capacity in implementation. SF remained in partnership with World Bank, WHO, UNOCHA, UNICEF, WFP, UNDP, Concern Worldwide, Accelerated Action Plan (AAP), Nutrition International, Care International, Nutrition Sindh Program, Health Care Commission Khyber Pakhtunkhwa and Asian Development Bank.



## OUR FOUNDER

My vision is to fulfill our corporate social responsibilities (CSRs), putting our share to improve community health services through efficient and effective network of our social arm – Shifa Foundation.

Dr. Zaheer Ahmed  
(1948-2011)



**Chairman**  
**Dr. Manzoor ul Haq Qazi**

## **SHIFA FOUNDATION IS A LEADING PROVIDER OF SOCIAL SERVICES AT THE NATIONAL LEVEL**

Dear Colleagues

Assalamu Alaykum!

We are thankful to Allah SWT that Shifa Foundation has become a respected and recognized not-for-profit organization in Pakistan.

Shifa Foundation is providing healthcare services to the less privileged people in different areas of Pakistan. It has developed reputation of Quality and Integrity in general public, Govt offices, as well as with different donor agencies, for whom we have become the preferred implementation partner. Shifa Foundation is serving the deserving population in preventive, primary and secondary care in different areas of Pakistan. In Interior Sindh the focus is more in Nutrition – assessment and treatment of malnourished children and their mothers, in addition to basic vaccination.

Looking ahead in the next year, we do see a brighter future of achievements and services to a larger segment of population.

All this has been possible with the dedication and commitment of staff of Shifa Foundation who stand out as distinguished professionals with a mission and strong desires to help their fellow human beings in need. You all need THANK YOU and CONGRATULATIONS.

We pray to Almighty Allah to guide us and help us in accomplishing our mission of Service to Humanity.

Sincerely,

A handwritten signature in blue ink, which appears to read "Manzoor ul Haq Qazi".

Dr. Manzoor ul Haq Qazi

BOARD OF GOVERNORS



Dr. Manzoor ul Haq Qazi  
Chairman



Dr. Muhammad Ata  
Member



Dr. Habib ur Rehman  
Member



Dr. Nasir Khokhar  
Member



Dr. Khawaja S. Ahmad  
Member



Mr. Samiullah Sharif  
Member



Mr. Muhammad Zahid  
Member



Dr. Zeeshan Bin Ishtiaque  
Member



Mr. Irshad Bhatti  
Member



Mr. Aziz Ahmad Jan  
Member



Mr. Taimoor Shah  
Member



Dr. Amir Jaffar  
Member



Dr. Muhammad Ashraf  
Member



Dr. Imran Nazir  
Member

EXECUTIVE COMMITTEE



Dr. Zeeshan Bin Ishtiaque  
Chairman



Mr. Taimoor Shah  
Member



Dr. Muhammad Ashraf  
Member



Dr. Imran Nazir  
Member

AUDIT COMMITTEE



Mr. Mohammad Zahid  
Chairman



Mr. Taimoor Shah  
Member



Mr. Usman Ali  
Member



# VISION

“A healthy world for all”

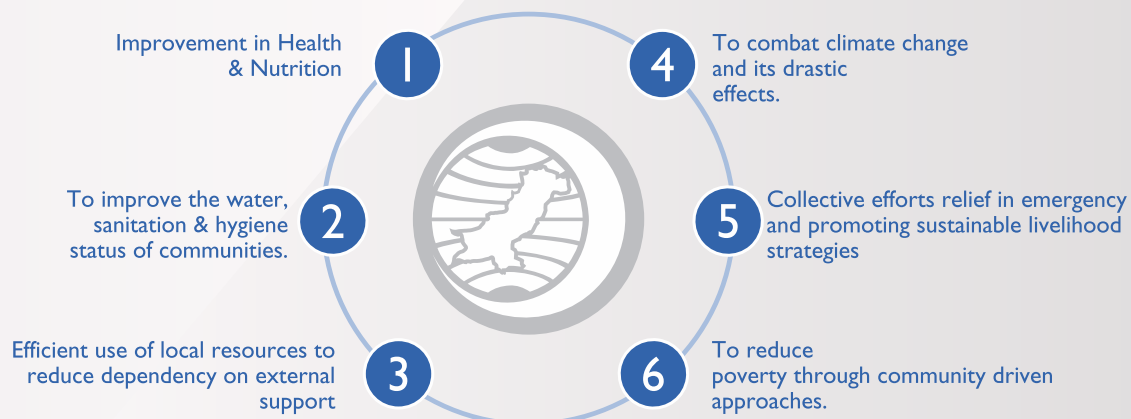
# MISSION

To shape the future of the underprivileged communities by promoting health and development

# CORE VALUES

A commitment to innovation, quality, integrity, equity, accountability and acting in an environment friendly manner.

## PROGRAM OBJECTIVES



# OUR PARTNERS/DONORS

Shifa Foundation expresses its deepest gratitude to government and partners/ donors for their moral, financial, technical and in kind support and facilitation to help the underprivileged communities and address their unmet needs with honor and dignity.

Shifa Foundation honors the contribution of its partners and their commitment to the noble cause to alleviate poverty, overcome malnutrition and health issues, improve quality of education and literacy rate, provide clean drinking water and improved sanitation, strengthen the coping mechanism of the communities and create an enabling environment for all.





















Partners' support has repeatedly played a key role in our success to extend our services and facilitation in terms of thematic and geographical expansion.

There is no way to fully express our gratitude for partners' support, however Shifa Foundation is continually inspired by the dedication and generosity of its partners and donors who supported and strengthened Shifa Foundation to achieve its targets and combat social issues.



# YEAR AT A GLANCE

Highlights of efforts made by Shifa Foundation in the year 2018-2019

 <p><b>Beneficiary Accessed</b> 1,143,863</p>	 <p><b>WASH NFIs Distributed</b> 7286 families</p>	 <p><b>Hygiene Promotion Sessions</b> 112</p>
 <p><b>RUFT Distributed</b> 777,927</p>	 <p><b>Registered Volunteers</b> 450 individuals</p>	 <p><b>Health &amp; Nutrition Support</b> 475,429 individuals</p>
 <p><b>Received key WASH Messages</b> 55,000 individuals</p>	 <p><b>Established Breastfeeding Corners</b> 10</p>	 <p><b>IFA Distributed</b> 1,418,561</p>
 <p><b>Food packages Distributed</b> 1,200 families</p>	 <p><b>Health, Nutrition and DDR</b> 298,416 individuals</p>	 <p><b>Villages Certified ODF</b> 400</p>
 <p><b>Children 6-49 Months Screened</b> 254,057</p>	 <p><b>Children Dewormed</b> 32,286</p>	 <p><b>Falahi Clinic</b> PKR: 54,349,660 spent for the treatment of deserving patients</p>
 <p><b>Water, Sanitation and Hygiene provided</b> 266,000 individuals</p>	 <p><b>MHM sessions Conducted</b> 56</p>	 <p><b>Pregnant and Lactating Women Screened</b> 63,464</p>
 <p><b>Cooking Demonstration Conducted</b> 300</p>	 <p><b>Plantation</b> 3700 Trees</p>	

# SHIFA FOUNDATION ROADMAP FOR LOCALIZING THE SDGs

Shifa Foundation is making an effort to support government in achieving its targets of Sustainable Development Goals. In this connection, SF endeavors to extend its outreach to those areas which are lagging behind in acquiring the basic services to meet the standards of life as per SDGs.

Shifa Foundation emphasizes on institutional capacity building of Government and addressing the unmet needs of the communities. During the reporting year, joint with Department of Health, SF provided the same services of LHWs Program in uncovered areas to address unmet needs and support the government in achieving its SDG targets. Keeping in view the dire needs of the communities, SF focused on Health, Nutrition and WASH in the reporting year while mainstreamed DRR, gender and persons with special needs in its interventions to address the vulnerability of poverty stricken population.

To improve the coping mechanism of the communities and strengthen the Department of Health, Shifa Foundation adopted Surge approach in District Umerkot of Sindh. The CMAM Surge approach strives to improve the effectiveness of CMAM services without undermining the capacity and accountability of government health actors and without negatively affecting other services.

## 1 NO POVERTY

### END POVERTY

- Eradicating poverty in all its forms remains one of the greatest challenges facing humanity and government of Pakistan endeavors to create employment opportunities, and bring economic stability in the country. Shifa Foundation through its multiple projects not only contributed in achieving the target goals but also created employment opportunities for the local population, enhanced their skills and enabled them to contribute in their family income.

## 2 ZERO HUNGER

### END HUNGER, ACHIEVE FOOD SECURITY AND IMPROVED NUTRITION AND PROMOTE SUSTAINABLE AGRICULTURE

- Reduced malnutrition in District Umerkot through Nutrition & Health response in Umerkot drought effected communities and supported 71,503 individuals including children and Pregnant & Lactating women
- Provided maternal, New-born and Infant & Young Child Nutrition services to **215,016** children and women in LHW un-covered area of district Lodhran Punjab.
- Provided Maternal, New-born and IYCN services in districts Jamshoro, Khairpur, Mirpurkhas, Lodhran, Swabi, Mardan and Nowshera to support **20,538** women and children.
- Contributed in improvement of nutritional status of **138,361** children under five and of pregnant and lactating women (PLW) in Matriari Sindh.



**3** GOOD HEALTH AND WELL-BEING



## ENSURE HEALTHY LIVES AND PROMOTE WELL-BEING FOR ALL AT ALL AGES

- Covered 286,000 individuals in LHWs uncovered areas of Lodhran district of Punjab through Maternal, Newborn and IYCN services.
- Adopted Surge Approach to strengthen the capacity of the health system to better anticipate, prepare for and deliver services for the management of acute malnutrition during periods of high demand.

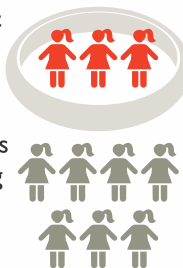


**5** GENDER EQUALITY



## ACHIEVE GENDER EQUALITY AND EMPOWER ALL WOMEN AND GIRLS

- Ending all discrimination against women and girls is not only a basic human right, it is crucial for sustainable future. Empowering women and girls helps economic growth and development. Shifa Foundation employed a large number of Community Health Workers and Community Health Supervisors (women & girls) to encourage the educated females and empower them through contributing in creating employment opportunities.



**6** CLEAN WATER AND SANITATION



## ENSURE AVAILABILITY AND SUSTAINABLE MANAGEMENT OF WATER AND SANITATION FOR ALL

- Improved water, sanitation and hygiene of vulnerable population of Umerkot Sindh- **7858** families (**55000** individuals).
- Targeted **400** villages for Open Defecation Free in Sanghar-Sindh.
- Increased water, sanitation, hygiene along with health and nutrition knowledge of **200,000** individuals.
- Increased access to water quality and quantity in district Umerkot- 11,000 individuals.

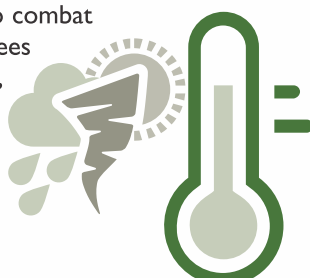


**13** CLIMATE ACTION

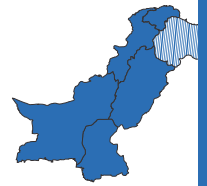


## TAKE URGENT ACTION TO COMBAT CLIMATE CHANGE AND ITS IMPACTS

- As first initiative of Shifa Foundation to combat climate change and its impact, 200 trees were planted in Kachnar Park I-8, Islamabad while proposals have been sent to different donors for funding support to further expand our interventions contributing to the challenges of climate change.







# SHIFA FOUNDATION PROGRAM SECTOR

Program sector is a multilateral donor funded initiative aiming to serve the vulnerable and underprivileged communities through need based and demand driven approaches. The ongoing and planned projects contribute to SDG 1- No Poverty, 2-Zero Hunger, 3- Good Health and Wellbeing, 5- Gender Equality, 6- Clean Water & Sanitation and 13- Climate Change and supporting government in achieving its SGDs mandate.

Principal emphasis would be on resource mobilization for future projects expansion and smooth implementation of the on-going projects. Efforts will be made to ensure quality of work, innovative solutions, cost optimization through multi-skilled workforce, teamwork, employee development, knowledge management, branding and transparency in the ongoing projects to satisfy the donors (funding agency), end user (project beneficiaries), SF-Management and BOG at organizational level.

We are committed to meeting international standards of quality and accountability, making sure that communities have a voice. We measure our outcomes through Internal Monitoring structures and third party evaluations to satisfy all the stakeholders and benefit the end user (project beneficiary) through quality service delivery.

To ensure that SF's work has a long lasting impact, we work with the government, private sector and civil society organizations which offer complementary approaches with the purpose to preserve dignity in the lives of affected populations. Essentially we commit to working in ways that support and reinforce, not replace the existing capacities.

An integral component of the Program sector is resource mobilization for program development to identify dire needs of the communities and search relevant funding opportunities. SF Program sector has planned to identify new donors and strengthen liaison with the existing donors. Both solicited and unsolicited funding opportunities will be searched to achieve the target.

We have designed contextualized models which apply evidence and learnings of past programs and present innovations, to influence broader change and scale up effective solutions. Gender Equality, Protection, Disaster Risk Reduction Human Rights, Environment and Persons with Disabilities are the cross cutting themes of the Program. SF-Program Sector integrates all these themes in its projects to ensure an inclusive and effective service provision during project implementation.

Program sector is a multilateral donor funded initiative aiming to serve the vulnerable and underprivileged communities through need based and demand driven approaches. The ongoing and planned projects contribute to SDG 1- No Poverty, 2-Zero Hunger, 3- Good Health and Wellbeing, 5- Gender Equality, 6- Clean Water & Sanitation and 13- Climate Change, and supporting government in achieving its SGDs mandate.



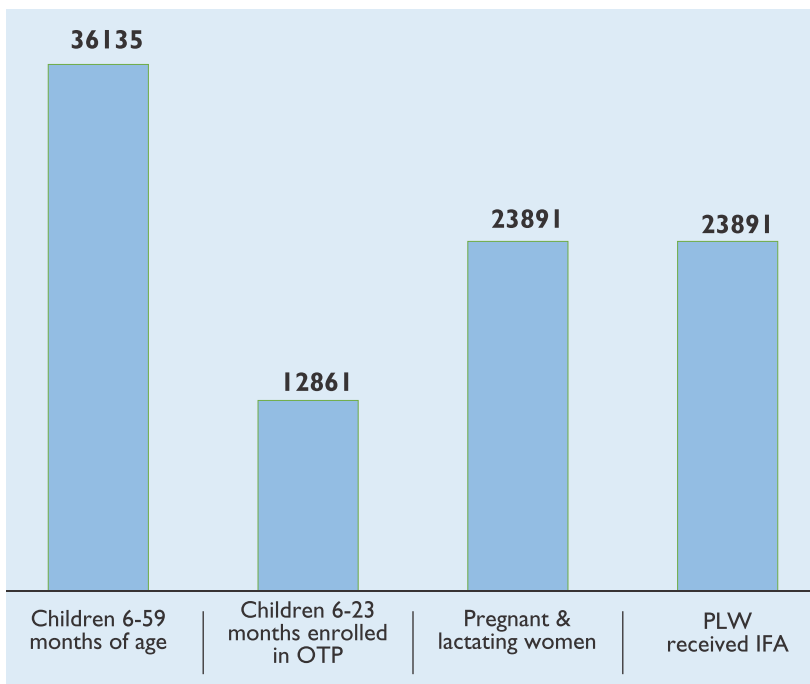




## PROGRAMME FOR IMPROVED NUTRITION IN SINDH (PINS) (MATIARI)

Shifa Foundation is implementing a European Union Funded Action, having title “Programme for Improved Nutrition in Sindh (PINS)”, in LHWs uncovered areas of district Matiari with the support of Government of Sindh, Concern Worldwide and Action against Hunger. District Matiari comprises of 3 Talukas which are further divided into 30 Union Councils. Shifa Foundation is providing its services in LHWs Uncovered areas through Community Health Workers based at their respective villages.

The interventions are targeted at children 0 to 59 months of age and pregnant & lactating women in order to improve the nutrition status and feeding practices of children. The interventions cover the 1000 days' window of opportunity, awareness on exclusive breastfeeding, complimentary feeding from 6 to 23 months and supporting proper feeding practices till 5 years of age. Project beneficiaries are given below



Shifa Foundation contributes towards SDG2-End Hunger, achieve food security and improved nutrition by improving the health and nutrition status of children and mothers by rapidly expanding and enhancing coverage of nutrition specific intervention in district Matiari.









# REDUCTION OF STUNTING AND MALNUTRITION IN DISTRICT KHAIRPUR- SINDH

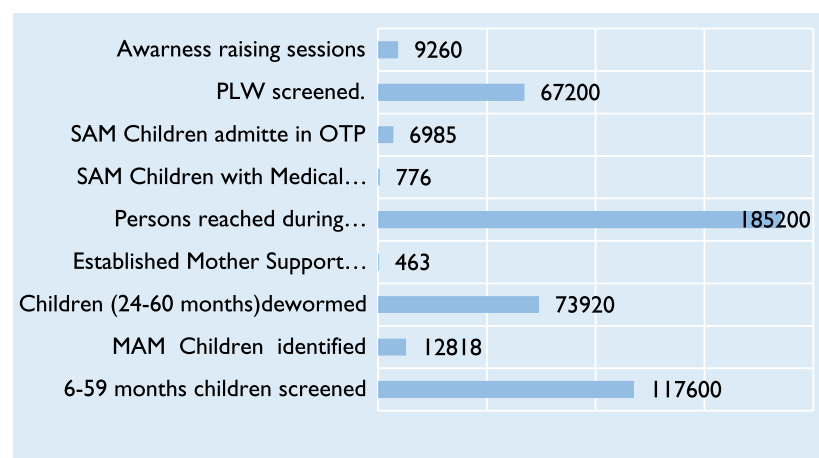
This project was implemented by Shifa Foundation with the funding support of Accelerated Action Plan (AAP) in Non LHW Areas of the District Khairpur-Sindh province of Pakistan. As per census report 2017, the population of Khairpur is 2,404,334. As per identified needs, the malnutrition was the most significant problem of the district. Therefore, the project was designed to address the acute and chronic malnutrition among children under five years of age. The project also aimed to improve nutritional status of Pregnant and Lactating Women (PLW).

The primary objective of the project was to reduce stunting and malnutrition related morbidities and mortalities in children under five and to improve nutritional status of pregnant and lactating women (PLW).

### Following were the project objectives addressed during the project tenure;

- To identify acute malnutrition among children below five years of age and provide adequate nutritional care and treatment to children with Severe Acute Malnutrition (SAM) through community and facility based CMAM approach
- To promote infant and young child feeding, care giving, and care seeking practices at the facility, family and community level
- To prevent micro-nutrient deficiencies in children under 5 years of age and PLW through provision of multiple micronutrient supplementations, deworming and promotion of appropriate feeding practices
- To mainstream disability and to ensure children and PLW with disability have equal access to the services
- To improve hygiene and sanitation practices through awareness raising sessions at community level
- To contribute towards polio eradication through awareness sessions and support to community outreach services of polio eradication initiative (PEI) through collaboration with EPI programme and district health authorities

The primary objective of the project is to reduce stunting and malnutrition related morbidities and mortalities in under five children and to improve nutritional status of pregnant and lactating women (PLW).







## MATERNAL, NEWBORN AND IYCN PROJECT IN PUNJAB, KHYBER PAKHTUNKHWA AND SINDH PROVINCES IN PAKISTAN

Shifa Foundation implemented Right Start Program funded by Nutrition International Pakistan to support Government of Pakistan in the improvement of Maternal and new born care, Infant and Young Child Nutrition (IYCN) practices in seven selected districts of Punjab, Sindh and Khyber Pakhtunkhawa. The aim of the project was to support district and provincial government and strengthen the provincial capacity of Khyber Pakhtunkhwa in Supply Chain Management of Nutrition commodities and support Khyber Pakhtunkhwa government for DHIS strengthening. Kangaroo Mother Care orientation sessions for LHWs in district Swabi, Lodhran and Jamshoro built the capacity of Lady Health Workers of the respective districts. Seminars in collaboration with PMA on 100- days at provincial and district levels were organized and health marathons in collaboration with provincial and district stakeholders in Karachi. Commemoration of international thematic days at provincial and district levels, theatrical performance for parliamentarians and media in Peshawar, Islamabad, Lahore and Karachi were arranged to raise mass awareness and strengthen the departments.

- Infant and Young Child Nutrition (IYCN)
- Maternal and new-born care
- Compliance to IFA by pregnant mothers
- Promoting quality Antenatal Care (ANC)
- Ensuring skilled birth attendance at community and health facility levels
- Promoting optimal cord clamping (according to WHO guidelines)
- Promoting early initiation of breastfeeding
- Promoting Kangaroo Mother Care for Low Birth Weight (LBW) infants
- Implementing behavior change communication interventions
- Strengthening monitoring and reporting mechanisms
- Infant and Young Child Nutrition (IYCN)
- Promoting Exclusive Breastfeeding and quality complementary feeding at the community level through improved counselling skills of community healthcare workers
- Strengthening monitoring and reporting mechanisms

With the funding support of Nutrition International, Shifa Foundation aims to support district and provincial governments. The focus remained to enhancing the provincial capacity of Khyber and Sindh in Supply Chain Management of Nutrition commodities.







## MATERNAL, NEWBORN AND IYCN PROJECT IN LHWS UNCOVERED AREA-DISTRICT LODHRAN

Lodhran is a priority district for the Punjab provincial government owing to having one of the worst health and nutrition indicators across the Southern belt.

Therefore an integrated approach of MNCH with IYCN, the project aims to reach the communities, LHW non-covered areas, supporting the department of health through gap filling.

The Right Start program is supporting the Punjab Government in providing outreach coverage to the LHW uncovered areas of Lodhran district through Shifa Foundation (SF).

- Organizing and developing women groups and health committees
- Registration of family members including pregnant women, children under five, adolescent girls and married women
- Screening and referral of at-risk women and children
- Dissemination health education messages on health and hygiene
- Provision of nutrition supplements
- Identification and referral of malnutrition pregnant and lactating women and children 6-59 months of age to health facilities
- Provision of family planning commodities
- Coordination with EPI for immunization of mothers against tetanus and children against six immunization diseases
- Collection, collation and recording of data through web-based management information system
- Promoting and supporting exclusive breast-feeding for six months and continued breastfeeding for 2 years
- Education and counselling on growth, development and menstrual health and hygiene
- Nutrition education and guidance on health dietary practice

This is an integrated approach of MNCH with IYCN to reach the communities in LHW non-covered areas, supporting the department of health to bridge up the gaps and provide outreach coverage.





## UMEED E NAU PROJECT IN UMERKOT

Access to reproductive health care is a basic human right. Yet integrated and fully comprehensive reproductive health services are not the norm in most emergency settings. Umeed e Nau project for drought affected people of Umerkot has been designed to provide essential reproductive health care services together with improving water hygiene and sanitation conditions.

This will eventually reduce overwhelming number of preventable morbidity and mortality related to reproductive health of affected populations in crisis. Therefore, the project included the need of a package that will address these challenges by providing minimum initial services to the community.

The Minimum Initial Service Package (MISP) for reproductive health (RH) is a coordinated set of priority activities designed to prevent and manage the consequences of sexual violence; reduce HIV transmission; prevent excess maternal and newborn morbidity and mortality; and referral plan for comprehensive RH services. MISP is based on five essential components;

- Strengthening coordination mechanism
- Prevent sexual violence
- Reduce transmission of HIV/STIs.
- Priority maternal and newborn health (MNH) services in crisis situations
- Planning for Comprehensive SRH Services

Shifa Foundation in collaboration with CARE International built project staff capacity on Minimum Initial Service Package and procurement of essential medicines. The core objectives of the project were to address directly the reproductive health needs of women and adolescent girls in context of drought emergency at Umerkot- Sindh.





# INTEGRATED WASH, NUTRITION AND HEALTH RESPONSE FOR DROUGHT AFFECTED PEOPLE IN DISTRICT UMERKOT, SINDH PROVINCE

This project addresses the WASH, nutrition and health needs of drought and flood affected population of district Umerkot-Sindh province of Pakistan. The province of Sindh has historically suffered from both natural and human induced disasters. The high level of risk is mainly from floods/ heavy rains, cyclones in coastal area, sea intrusion, droughts etc. Shifa Foundation with the funding support of UNICEF provided the following services and support to the vulnerable population;

Shifa Foundation addresses the WASH, Nutrition and Health needs of drought and flood affected population of district Umerkot-Sindh through an integrated approach. This project mainly supports in provision of WASH NFIs, arrangement of MHM sessions for adolescent girls, health and hygiene sessions, screening of women and children, training of CHWs and strengthening health facilities.

Project Interventions	Achievements
Cooking demonstration conducted:	300
Under 5 children benefited from IMNCI Services	17000
Pregnant Ladies provided antenatal care	10000
Under 2 years children immunized	17885
Health education Beneficiaries	20500
Breastfeeding corners established	10
Children 6-49 months screened	45502
Children enrolled in OTP	4505
CHWs trained on Behavior communication	90
Families received WASH NFIs	7286
Father supported groups formed	50
Health Facilities strengthened	6
Hygiene promotion sessions	112
Institutional deliveries supported	2800
Key messages delivered to mothers and caregivers	26001
MHM sessions with adolescent girls and women	56
Mother supported groups formed	50
Newborns provided newborn Kits	2000
PLW screened	26001
Postnatal cared provided	2000
Pregnant Ladies provided Clean Delivery Kits	4000
SAM Children referred to Stabilization Centre	788
WASH committees formed	56
WASH key messages	55000







# SAAF SUTHRO SINDH PROGRAM DISTRICT SANGHAR

Saaf Suthro Sindh Project aims to reduce stunting by improving nutrition status through ensuring access to adequate and equitable sanitation and hygiene for all women, men and children (Boys & Girls) and end open defecation in rural areas of District Sanghar.

Saaf Suthro Sindh program is the component of MSAN, the government has embarked upon eradication of open defecation from the Province by 2020. Under Inter Sectoral Nutrition Strategy of Sindh (INSS), the sanitation component of the project aligns with the Government of Sindh’s sanitation intervention known as Saaf Suthro Sindh (SSS) in the province and aims to increase the number of ODF villages in 13 districts through certification.

Saaf Suthro Sindh project aims to change the behavior of rural communities over Open Defecation Free (ODF) environment by creating awareness about waterborne diseases, water related diseases, nutrition and hygiene.

Project Interventions	Achievements
Villages to be ODF certified at the end of the prject	400
Target population with increased WASH, Health and Nutrition knowledge at the end of the project.	200000
Target population for latrines construction	100%

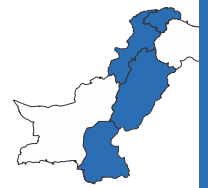
  

The project aims to reduce stunting by improving nutrition status through ensuring access to adequate and equitable sanitation and hygiene for all women, men and children (Boys & Girls) and end open defecation in rural areas of targeted district. The specific objectives of the proposed project are to promote knowledge, behavior change, demand for services and opportunities for participation in rural communities, children, women and men to create Open Defecation Free (ODF) environment and Increase public awareness about waterborne, water-related diseases, nutrition and hygiene.









# CENTER OF PHILANTHROPY AND COMMUNITY SERVICE (COPCS)

## COPCS PROJECTS OF THE YEAR

### FEED THE POOR

Increasing inflation and unemployment has caused food insecurity in low income communities. Families led by widows, disabled or the elderly are not sure even about their next meal. Families who do not ask for help from anyone because of their self-esteem tend to starve for days. In order to ensure food security for such families and to provide them a source of food for the entire month, this year Shifa Foundation provided monthly food ration packages to 1200 families in Rawalpindi, Islamabad, Jhelum, Faisalabad, Abbottabad, Bannu and Kahuta. Shifa Foundation distributed these ration packages with the help of Qarshi Foundation, Shahtaj Ghee, Nafees Flour Mills, Roasters Islamabad, Salt & Pepper, Italian Oven and other individual donors.

### MEDICAL CARE AT THE DOORSTEP

Pakistan healthcare infrastructure is not suffice to cater the issues of underprivileged population. Community outreach is also not possible everywhere due to meager resources of the Department of Health. In order to meet this challenge and play its role in the provision of health care services to the needy at their doorstep, Shifa Foundation regularly organizes free medical camps. This year Shifa Foundation organized 6 medical camps in different areas of Haripur, Kotli Sattian, Khaarian, Faisalabad, and Khyber Agency with the help of different donors. These medical camps benefitted 1580 deserving patients at their doorstep in terms of free checkup by qualified doctors and free medicines worth Rs. 1,073,294.

Center of Philanthropy and Community Service (COPCS) is a branch of Shifa Foundation, which aims to invest in the uplifting of the underprivileged by mobilizing resources within the communities. It is established with the belief that the communities have enough resources but there is no such a mechanism to pool these resources for needful distribution.

COPCS endeavors to support the underprivileged communities across Pakistan through resource pooling and needful distribution. For this purpose, it organizes events, develops partnerships, and facilitates donors in order to raise funds from the community itself.

This year COPCS raised funds through donation boxes, corporate partnerships, global outreach, individual donors and Falahee campaign. 42,552 vulnerable individuals were reached out in terms of food provision, clean drinking water and healthcare.



## MoU SIGNED BETWEEN SHIFA FOUNDATION AND FAST UNIVERSITY ISLAMABAD

COPCS signed a Memorandum of Understanding (MoU) with FAST University, Islamabad where the university will be provided medical and paramedical services. Shifa Foundation medical center inside FAST University caters students and the university staff with basic healthcare services through qualified medical staff. Shifa Foundation's appointed doctor and nursing staff in the medical center cope with the emergency situations and raise awareness regarding health related issues at the campus.

## FREE FOOD DRIVES

People living in slums, travelers, street children, beggars, and the homeless community are not sure about their next meal. In order to create food security for these people, Shifa Foundation organized 30 dastarkhwas in different parts of Rawalpindi and Islamabad feeding more than 3,000 deserving individuals.

## KEEP THEM WARM

Chilly winters can be deadly for children as well as the elderly. Underprivileged communities living without shelter are prone to winter related diseases and suffer the most. Shifa Foundation with the help of individual donors, distributed sweaters & clothes among 100 deserving students at Jamal Foundation, Muzaffarabad, Azad Kashmir. These warm clothes will enable the young ones to stay warm and ensure their presence at school.

## GIVING BACK TO MOTHER EARTH

In collaboration with the Friends of Kachnar Park, Shifa Foundation organized a tree plantation drive in Kachnar Park I-8, Islamabad. Realizing the harsh climate changes, Shifa Foundation along with 30 volunteers planted 200 trees in the area and formed the Village Committees to take care of the plants.



Shifa Foundation in collaboration with Toyota Indus Motors commenced a tree plantation program in the Hub School, Karachi where 3500 trees have been planted. This plantation is the initial phase of a total 5000 tree plantation plan which would be completed by next year. These trees at Hub School will provide fruits to the students and the staff and result in the betterment of the environment.

### EVERY BEING DESERVES GOOD HEALTH

Shifa Foundation continues to provide treatment to deserving patients at Falahee Clinics. This year Rs. 54,349,660 were spent on the treatment of deserving patients under 35 different specializations. The coverage included patients' hospitalization, diagnostic tests, and medicine. Numerous surgeries were conducted in areas of Cardiology, Plastic Surgery, Neurosurgery, Orthopaedics, ENT, Eye, Obs/ Gyne and General Surgery.

### LET'S BEAT CANCER

COPCS under its Shifa Cancer Hope initiative sponsored complete treatment of 12 cancer patients this year spending Rs. 9.5 million on these patients.

### VOLUNTEERISM

This year 450 volunteers got registered with Shifa Foundation including students and professionals. These volunteers actively participated in Shifa Foundation's campaigns through community engagement, distribution of ration packages, dastarkhwan, fundraising, content writing, social media and taking part in different office chores.



## QURBANI CAMPAIGN

According to a recent report released by Sindh Health Department, every year 1,500 children lose their lives due to malnutrition in the Thar region. To address their potential food needs of Thar- Sindh, Shifa Foundation like every year successfully implemented its Qurbani campaign in Thar Desert area. 29 bulls and 47 goats were sacrificed through the generous support of our donors. The sacrificial meat was distributed among 2000 deserving families in Sanghar and Umerkot districts.

## CLEAN WATER FOR ALL

This year Shifa Foundation has installed 21 hand pumps in different areas of Umerkot and installation of 40 more hand pumps is in process. Under the WASH initiative 21 water management committees have been formed, 40 hygiene sessions were conducted and 21 Operation & Maintenance training sessions were conducted to empower the water management committees. Shifa Foundation also conducted 21 training sessions on treatment of water at household level. It will benefit 20,000 individual in terms of clean drinking water and awareness regarding water borne and water related diseases.

## COPCS SIGNED MOU WITH INTERNATIONAL COMMITTEE OF RED CROSS FOR ICRC'S "HEALTHCARE IN DANGER" INITIATIVE

Shifa Foundation and the International Committee of the Red Cross signed a Memorandum of Understanding (MoU) on October 15th, 2018 to work together through ICRC's "Healthcare in Danger" Initiative. The MoU will help to ensure the Safe Access to Medical Care Emergencies.

## RAMADAN CAMPAIGN

This year, COPCS strived to elevate deserving communities through the provision of basic necessities including food, clean drinking water, and healthcare through its Ramadan Campaign. During the Ramadan Campaign 1,000 families received monthly ration packages, funds were raised for 55 hand pumps and for the treatment of deserving patients.





## **SHIFA FALAHEE CLINIC**

Shifa Foundation continues to provide treatment to deserving patients at Falahee Clinics. The coverage included patients' hospitalization, diagnostic tests, and medicine.





# THE HUB SCHOOL

The Hub School is a quality educational institution that has been established by the Ahmed E. H. Jaffer Foundation to prepare boys for a life of leadership, service and personal fulfillment. Academic achievement and surpassing existing standards of educational excellence in Pakistan is The Hub School's principal aim. The goal is to promote independence of thought, respect for others, creativity and responsibility within a broad range of activities by providing a holistic learning atmosphere along with the curricula.

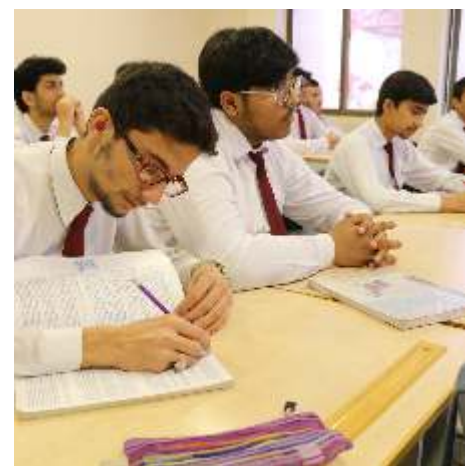
## OPERATIONAL SUPPORT OF SHIFA FOUNDATION

Shifa Foundation has started operation support to “The Hub School” from May 15, 2018.

Some of the terms for operational support are mentioned below:

- The AEHJF hereby agrees to the deployment of SF hired staff and volunteers at the Hub School to rehabilitate and enhance the educational facility and services.
- SF shall be responsible to manage operational aspects of “The Hub School” facility by utilizing its resources, and experiences it holds and hereby conferred the right to exercise the powers and authorities under this agreement.
- SF is granted the privilege to receive donations, initiate fund raising, media, and social campaigns, on behalf of, and in collaboration with AEHJF.
- SF, being a non-profit organization, would have limited financial liability, such that executing operational activities, or provision of management services as stipulated in the contract, etc. would all be subject to the amount of fund available or raised through activities as defined as above.

The Shifa Foundation has initiated a not-for-profit School of Excellence - THE HUB SCHOOL - a boarding school for 800 boys, who will be guided to excel in all fields of education in Pakistan. This will be followed by a boarding school for girls and finally a university of national importance on the outskirts of Karachi.







# SHIFA CENTER OF PROFESSIONAL EXCELLENCE (SCOPE)

The Shifa Center of Professional Excellence (SCOPE) is the training arm within Shifa Foundation. Specializing in Healthcare and Management Trainings, SCOPE engages with clients in long-term partnerships delivering quality products under five thematic areas:

- Healthcare Quality
- Executive Education
- Management Development
- Skill Building Programs
- Clinical Trainings

As organizations adapt to disruptive technological progress, professionals are challenged to develop new skills and remain competitive. Organizations must also change and evolve existing models at management levels and structures within themselves to emerge a true winners and leaders in their fields.

As leaders in management trainings, SCOPE aims to develop human capital reflective of the value and excellence of our beneficiaries. This is achieved by our result-oriented approach and working at multiple tiers of management i.e. Executive, Middle, and Line Managers who are the faces of organizations. SCOPE aims to further the cause of enhanced professional excellence for all, as we recognize that a productive professional has the ability to influence an organization's performance as a whole. It is the reason that at SCOPE we put our focus on development of professionals with quality services and management techniques.

## SCOPE achievement during 2018-19

During reporting year 2018-2019, SCOPE has unveiled multiple products catering to a diverse field of professionals. Selected products offered at SCOPE are enumerated below:

- Turnaround Management
- Healthcare Quality & Hospital Management
- Shifa Life Support Training (LiST) Center
- Clinical Trainings

SCOPE aims to further the cause of enhanced professional excellence for all, as we recognize that a productive professional has the ability to influence an organization's performance as a whole. At SCOPE we put focus on the development of professionals with quality services and management techniques.



Shifa Center Of Professional Excellence





# FINANCIAL SUMMARY

## Independent Auditor's Report to the Trustees

### Opinion

We have audited the financial statements of **Shifa Foundation** ("The Foundation") which comprise the statement of financial positions as at June 30, 2019 and the statement of income and expenditure, statement of comprehensive income, statement of changes in funds and reserves together with notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of Shifa Foundation ("the Foundation") as at June 30, 2019, and its financial performance for the year then ended, in accordance with approved accounting and reporting standards as applicable in Pakistan.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (ISAs) as applicable in Pakistan. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of The Foundation in accordance with the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants as adopted by the Institute of Chartered Accountants of Pakistan (the Code), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Responsibilities of Management and Those Charged with Governance for the Financial Statements

The management is responsible for the preparation and fair presentation of the financial statements in accordance with the approved accounting and reporting standards as applicable in Pakistan, and for such internal control as the management determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, Management is responsible for assessing The Foundation's ability to continue as going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate The Foundation or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing The Foundation's financial reporting process.

### Auditor's Responsibilities for the Audit of the Financial Statement

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of the material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of The Foundation's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on The Foundation's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause The Foundation's to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

  
**GRANT THORNTON ANJUM RAHMAN**  
Chartered Accountants

Engagement Partner: Hassan Riaz  
Islamabad  
Date:

06 MAY 2020

**SHIFA FOUNDATION**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT JUNE 30, 2019**

	Note	2019	Restated 2018
		(Rupees)	
<b>NON-CURRENT ASSETS</b>			
Operating fixed assets	4	18,263,033	14,587,979
Long term investments	5	131,958,990	162,624,138
		<u>150,222,023</u>	<u>177,212,117</u>
<b>CURRENT ASSETS</b>			
Receivable from donors	6	60,434,676	3,748,834
Advances, deposits and other receivables	7	42,913,813	34,009,143
Advance income tax (net of provision)	8	10,611,664	38,923,886
Cash and bank balances	9	23,714,865	56,914,433
		<u>137,675,018</u>	<u>133,596,296</u>
<b>TOTAL ASSETS</b>		<u><u>287,897,041</u></u>	<u><u>310,808,413</u></u>
<b>FUNDS</b>			
Unrestricted funds		14,166,306	42,412,112
Restricted funds	10	90,595,232	72,952,420
Revaluation reserve	11	106,191,693	140,462,091
		<u>210,953,231</u>	<u>255,826,623</u>
<b>NON CURRENT LIABILITIES</b>			
Liability against assets subject to finance lease	12	905,140	1,212,089
<b>CURRENT LIABILITIES</b>			
Due to related parties	13	59,504,359	40,344,580
Creditors, accrued and other liabilities	14	16,227,363	13,122,660
Current portion of liability against assets subject to finance lease	12	306,949	302,461
<b>TOTAL LIABILITIES</b>		<u>76,038,671</u>	<u>53,769,701</u>
<b>TOTAL FUNDS AND LIABILITIES</b>		<u><u>287,897,041</u></u>	<u><u>310,808,413</u></u>
<b>CONTINGENCIES AND COMMITMENTS</b>	15		

The annexed notes from 1 to 25 form an integral part of these financial statements.

*V. Vishwan*

Trustee

*Maryam J.*

Trustee

**SHIFA FOUNDATION**  
**STATEMENT OF INCOME AND EXPENDITURE**  
**FOR THE YEAR ENDED JUNE 30, 2019**

	Note	2019			2018
		Unrestricted funds	Restricted funds	Total funds	Total funds
<b>INCOME/RECEIPTS</b>					
Grants and voluntary contributions	16	34,439,851	48,953,871	83,393,722	57,696,958
Grants from donors		-	146,420,515	146,420,515	83,248,275
Income from training, labs and media services		67,984,590	-	67,984,590	56,983,215
Other income	17	18,632,050	-	18,632,050	18,909,383
		121,056,491	195,374,386	316,430,877	216,837,831
<b>EXPENDITURE</b>					
Salaries, allowances and other benefits		63,004,954	76,311,987	139,316,941	115,059,063
Medical assistance		12,833,298	48,953,871	61,787,169	13,045,844
Rent		10,056,204	2,150,009	12,206,213	19,446,813
Printing and stationery		1,683,827	5,010,464	6,694,291	1,499,434
Supplies		835,272	7,022,406	7,857,678	2,851,821
Travelling and conveyance		5,130,984	18,631,551	23,762,535	22,095,157
Utilities & communication		6,970,282	2,744,440	9,714,722	7,467,782
Media/advertisement		1,188,263	-	1,188,263	561,946
Auditor's remuneration		335,000	-	335,000	275,000
Trainings, workshops & consultancy charges		2,980,398	26,878,829	29,859,227	1,307,487
Repair and maintenance		1,255,132	-	1,255,132	625,821
Project expenses		2,016,923	6,710,829	8,727,752	12,729,612
Fee and subscription		27,910	-	27,910	154,867
Bank charges		324,757	-	324,757	538,734
Depreciation	4	2,578,513	-	2,578,513	2,659,756
Donations	18	38,538,487	-	38,538,487	38,247,970
Miscellaneous		1,091,648	960,000	2,051,648	3,141,920
		150,851,852	195,374,386	346,226,238	241,709,026
<b>DEFICIT BEFORE TAXATION</b>		(29,795,361)	-	(29,795,361)	(24,871,196)
Taxation		(3,037,025)	-	(3,037,025)	(427,442)
<b>DEFICIT AFTER TAXATION</b>		(32,832,386)	-	(32,832,386)	(25,298,638)

The annexed notes from 1 to 25 form an integral part of these financial statements.

*V. V. V. V. V.*

Trustee

*M. M. M. M. M.*

Trustee

SHIFA FOUNDATION  
 STATEMENT OF COMPREHENSIVE INCOME  
 FOR THE YEAR ENDED JUNE 30, 2019

	2019			2018
	Unrestricted funds	Restricted funds	Total funds	Total funds
	(Rupees)			
<b>Deficit after taxation</b>	(32,832,386)	-	(32,832,386)	(25,298,638)
<b>Other comprehensive income</b>				
Unrealized diminution on re-measurement of investments at fair value through OCI	(29,683,818)	-	(29,683,818)	(35,080,064)
<b>Other comprehensive loss for the year</b>	(29,683,818)	-	(29,683,818)	(35,080,064)
<b>Total comprehensive loss for the year</b>	<b>(62,516,204)</b>	<b>-</b>	<b>(62,516,204)</b>	<b>(60,378,702)</b>

The annexed notes from 1 to 25 form an integral part of these financial statements.

*Veeshan*

Trustee

*Maryam Bi*

Trustee

**SHIFA FOUNDATION  
CASH FLOW STATEMENT  
FOR THE YEAR ENDED JUNE 30, 2019**

	2019	2018
	Rupees	
<b>CASH FLOWS FROM OPERATING ACTIVITIES</b>		
Deficit before taxation	(29,795,361)	(24,871,196)
Adjustments for:		
Depreciation of property, plant and equipment	2,578,513	2,659,755
Restricted funds received during the year	213,017,198	118,165,968
Operating cash (outflow)/inflow before changes in working capital	185,800,350	95,954,527
Changes in working capital:		
(Increase)/decrease in current assets:		
Receivable from donors	(56,685,842)	2,662,739
Tax refunds/(deducted at source)	28,312,222	(2,618,454)
Advances, prepayments and other receivables	(8,904,670)	5,000,584
Increase/(decrease) in current liabilities:		
Due to related parties	19,159,779	23,895,352
Creditors, accrued and other liabilities	3,037,678	6,678,754
Cash (used)/generated from operations	(15,080,833)	35,618,975
Expenditure paid from restricted fund	(195,374,386)	(111,909,201)
Income tax paid	(3,037,025)	(427,442)
Net cash (used)/generated from operating activities	(27,691,894)	19,236,860
<b>CASH FLOWS FROM INVESTING ACTIVITIES</b>		
Capital expenditure on operating fixed assets	(6,253,566)	(2,530,514)
Cash proceeds from disposal of shares	5,224,024	
Shares received as donations	(4,175,670)	
Net cash used in investing activities	(5,205,212)	(2,530,514)
<b>CASH FLOWS FROM FINANCING ACTIVITIES</b>		
Lease Payment	(302,461)	(826,450)
Net cash generated from financing activities	(302,461)	(826,450)
Net increase/(decrease) in cash and cash equivalents	(33,199,568)	15,879,896
<b>Cash and cash equivalents at the beginning of the year</b>	<b>56,914,433</b>	<b>41,034,537</b>
<b>Cash and cash equivalents at the end of the year</b>	<b>23,714,865</b>	<b>56,914,433</b>

The annexed notes from 1 to 25 form an integral part of these financial statements.

*Veeshan*

Trustee

*Maryygy*

Trustee





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